BOOK REVIEW ARTICLE

NURSING CARE SYSTEMATIZATION: THEORETICAL CONSIDERATIONS AND APPLICABILITY
SISTEMATIZAÇÃO DA ASSISTÊNCIA DA ENFERMAGEM: CONSIDERAÇÕES TEÓRICAS E APLICABILIDADE
SISTEMATIZACIÓN DE LOS CUIDADOS DE ENFERMERÍA: CONSIDERACIONES TEÓRICAS Y APLICABILIDAD

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The authors Lucimara Duarte Chaves and Cybele Andres Solai added their theoretical and practical knowledge to the construction of the work << Systematization of nursing assistance: theoretical considerations and applicability >>. The first author is a PhD in Nursing from the USP-RP, Coordinator of the Graduate course in Nursing at the Faculty Santa Marcelina (FASM) and Professor of Graduate Nursing of the Municipal University of São Caetano do Sul (USCS). The second, also a nurse and a Master in Adult Health from the Nursing School of USP, instructor of Advanced Trauma Care for Nurses and Trauma Outcome and Performance Improvement Course, Professor of Graduate Nursing and Coordinator of the Postgraduate Nursing Urgency and Emergency Department, Faculty Santa Marcelina (FASM).

The book consists of 160 pages divided into 11 chapters, which entangled in a clear and objective way, the theoretical-methodological and practical concepts of the process of Nursing Care System (NCS). It is faced to nursing professionals in various scenarios of their performance: care, research, education and management; therefore, considered a comprehensive technological facilitator tool in the study, deployment and implementation of the NCS process in the institutions where nurses act. Another important peculiarity of this work is marked by the presence of “Review Exercises” contained at the end of each chapter. These consist of four to seven objective multiple choice questions. The themes of these exercises correspond to those discussed in each chapter, which takes advantage of the reader a practical outcome of previously learned content. Likewise, directs to the reflection of the important points of each topic, thus ratifying the peculiarity of this work. For the reader to confirm their responses, the authors distributed, respectively, in the last pages that make up the book.

In the first chapter << Nursing Theories: comprehension for applicability >> the authors discuss about the historical context of nursing theories, concepts, goals and assumptions those culminate in the discussion about the practical applicability in the healthcare scenario. The argumentative climax of this theme is when it discusses with other authors the importance of healthcare praxis founded on theoretical foundations of the profession. Undoubtedly, the theory-practice interrelationship in driving assistance in all phases of the nursing process, thus transcending the mere intellectual abstraction inherent to theories.
The worldview about "critical thinking in nursing" composes the title and the theme of the second chapter of the book. In this chapter, the authors talk about scientific and philosophical knowledge as a basis for critical thinking in decision making of nurses as an integral member of a multidisciplinary health team; also highlight the important role of the educator in seeking for leave emerging critical attitudes, evidence-based nurses in academic education. This shows how broad and deep lift NCS is therefore far beyond the search for knowledge, attitudinal representation of this should be encouraged and should be part of the daily exercise of professional practice.

The "nursing process" composes the scientific content discussed by the authors in the third chapter, highlighting the systematization and the dynamics arised from the provision of humanized care guided by the five steps of the nursing process: Research, Diagnosis, Planning, Implementation and Evaluation. Through this, the best results can be achieved by solving problems encountered in each of these steps. The outcome of this chapter is supported on the legal foundations of the profession in relation to private functions of the nurse and the requirements related to NCP.

The highlight of the first step of the nursing process is done in the fourth chapter "history of nursing". In this, the authors, while discussing with other researchers, featuring personal and professional skills, exemplify instruments for data collection that could subsidize the reader to practice this implementation. Highlighting how this step is crucial with regard to the systematic collection of health data of individuals and the community in order to monitor actual and/or potential problems those can coexist in the health disease. Reinforcing that data should be sustained on findings from complaints, observations, physical examination, records, team discussions, lab results, among others, and not on inferences or assumptions, corroborating the intellectual and scientific operating nurses that apply. The conclusion of this chapter highlights that, as important as investigating problems in nursing, the professional must record them in a clear and objective manner in order to avoid failures in other stages that follow.

The fifth chapter emerges definitions and relevancies in relation to the use of classification systems for standardizing nursing language. In a brief historical background, contemporary approaches permeating the various terminologies disseminated internationally, permeating in concepts and applications of the North American Nursing Diagnosis Association International - NANDA-I; Nursing Interventions Classification - NIC; Nursing Outcomes Classification - NOC and the International Classification for Nursing Practice - ICNP, ending with considerations which reflect the magnitude of nursing care when expressed through taxonomy itself, based on scientific evidence.

In the sixth, seventh and eighth chapters, the authors upright further scientific knowledge in relation to nursing taxonomies, but with a focus on systems NANDA-I, NIC and NOC classification. In this context, perform direct connections with the concepts inherent in the steps of the nursing regarding diagnosis, planning, implementation and evaluation. Pursuing important for handling and practical applicability of these tools taxonomic considerations. Under the same line of thought, make considerations about the use of terminology CIPE that are described by the authors in the eleventh chapter of the book.

The title "evolution of nursing" gives name to the ninth chapter of the book. In a plot composed of chapters which cover aspects related to the concepts, practical purpose, interrelation with the steps of the nursing process, legal aspects and care during the writing of an evolution of nursing topics are discussed between the authors and other scholars of the area. The scientific and legal framework allowed the authors describing essential concepts in the act of developing and registering on record. When, where, how, for what and who must write and evolve, questions were raised and discussed by the authors in a clear, objective and particularly relevant to nursing practice in the context of NCS form.

The tenth chapter establishes a direct relationship with the chapters sixth, seventh and eighth as regards the practical applicability of classification systems previously discussed. Titled as "clinical cases" this chapter proposes raising diagnoses, interventions and outcomes with the use of taxonomic terminology, based on real cases brought by the plaintiffs. We observe once again the attempt of the authors in discussing on topics aimed at practical demonstration of use of the reality of nursing concepts. This shows that the essence of the book aims to demystify the NCS through approach to the reality of diverse scenarios of the nurse.

Therefore, it considers the importance of ownership of knowledge shown in this work to...
all those who are in the process of implementation of NCS in health services, but especially, to those who seek through educational models, spreading the importance that the NCS has for the scientific classification of nursing as healthcare profession.