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NOTE PREVIEW ARTICLE

PSYCHOSOCIAL CARE CENTER OF ALCOHOL AND OTHER DRUGS THROUGH OPTICAL OF THE USER: GRANTS FOR QUALIFICATION NURSING CONSULTATION

CENTRO DE ATENÇÃO PSICOSSOCIAL ÁLCOOL E OUTRAS DROGAS SOB A ÓTICA DO
USUÁRIO: SUBSÍDIOS PARA A QUALIFICAÇÃO DA CONSULTA DE ENFERMAGEM
CENTRO DE ATENCIÓN PSICOSOCIAL DE ALCOHOL Y OTRAS DROGAS BAJO LA ÓPTICA DEL
USUARIO: BECAS PARA CALIFICACIÓN DE LA CONSULTA DE ENFERMERÍA

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ABSTRACT

Objective: developing a form for nursing consultation to be used at CAPSad. **Method:** a study of phenomenological approach to be developed at CAPSad of the Hospital Group Conceição/GHC of Porto Alegre/RS. Data production will be with users in treatment through phenomenological interviews with an interview guide, subsequently transcribed in full, subjected to phenomenological analysis. The project was submitted to the Ethics Committee in Research, awaiting approval to starting the search. **Expected results:** the results are shown according to the phenomenological approach that gives "voice" to the subject, with the aim of achieving a sense of their own experiences. From there will be built a tool for nursing consultation as a form to qualifying health care operations in this scenario. **Descriptors:** Mental Health; Nursing Consultation; Phenomenology.

RESUMO

Objetivo: desenvolver um roteiro de consulta de enfermagem para utilização dos enfermeiros do CAPSad. **Método:** pesquisa do tipo fenomenológica, a ser desenvolvida no CAPSad do Grupo Hospitalar Conceição/GHC de Porto Alegre/RS. A produção de dados será com usuários em tratamento por meio de entrevista fenomenológica com um roteiro de entrevista, posteriormente transcrita na íntegra, submetidas à análise fenomenológica. O projeto foi encaminhado ao Comitê de Ética em Pesquisa, aguardando a aprovação para o início da pesquisa. **Resultados esperados:** os resultados serão evidenciados segundo a abordagem fenomenológica que dá "voz" aos sujeitos, com o objetivo de alcançar o sentido de suas próprias experiências. A partir daí será construído um instrumento para consulta de enfermagem como forma de qualificar a assistência em saúde neste cenário de atuação. **Descritores:** Saúde Mental; Consulta de Enfermagem; Fenomenologia.

RESUMEN

Objetivo: desarrollar una hoja de ruta para la consulta de enfermería para el uso de las enfermeras de CAPSad. **Método:** Estudio del enfoque fenomenológico que se desarrollará en la Conceição Hospital/Grupo GHC CAPSad de Porto Alegre/RS. Los datos de producción estarán con los usuarios en tratamiento a través de entrevistas fenomenológicas con una guía de entrevista, posteriormente transcritas en su totalidad, siempre que el análisis fenomenológico. El proyecto fue presentado al Comité de Ética en Investigación, a la espera de la aprobación para iniciar la búsqueda. **Resultados esperados:** Los resultados se muestran de acuerdo con el enfoque fenomenológico que da la "voz" de la materia, con el objetivo de lograr un sentido de sus propias experiencias. A partir de ahí se construirá una herramienta para la consulta de enfermería como una forma de calificar las operaciones de atención de la salud de este escenario. **Descriptores:** Salud Mental; Consulta de Enfermería; Fenomenología.

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INTRODUCTION

The mental health care in Brazil has undergone changes, as the redirection model of care focused on earlier psychiatric hospital for a model of community care. Understanding the need to incorporating mental health having as starting point the user, this project aims to understanding, from the framework of phenomenology, the user's perception of the service that is inserted, and as this is able to give voice to their experiences.

The deinstitutionalization process followed by the creation of substitute services, which are characterized by the construction of a network of connected and integrated into health care devices outpatient services gave rise the Centers for Psychosocial Care (CAPS).¹

For users of alcohol and other drugs (CAPSad) stands out for the specialized care of people who use, abuse and dependence on harmful substances, conducting clinical follow-up, to provide user support for reintegration into society and encouraging the rebuilding of their autonomy, in addition to its attention to harm reduction strategy, minimizing the individual and social harm caused by the use of psychoactive substances (SPA). This type of service is considered the user and the family as protagonists of their treatment.¹

The involvement of users in relation to treatment is fundamental, making the process of care by healthcare indispensable. Understand their expectations of the treatment offered allows us a greater understanding of their perceptions and analyzing critically the care provided based on the needs expressed by users, so it is of paramount importance to develop actions from the perspectives of patients, because professionals can develop methods for capturing and approach the patient with the diagnosis and treatment reality.

Having in view the advances in the field of mental health in the country and the increasing inclusion of nursing in psychiatry from Hildegard Peplau, it is understood that observe and analyze the reactions/relationships of users, family and treatment becomes essential to understand the historical evolution and adaptation of mental health in Brazil. Thus the questions that led to this study emerged with the observation in the development of nursing work in mental health services today, especially as the weaknesses related to the lack of standardized log in CAPS; the difficulties of hosting by the nursing staff; nursing appointments which sometimes does

not meet the needs of patients nor the health system; and the lack of systematic data on mental health nursing.

The purpose of this research is founded on the private function of the nurse, nursing consultation, which will be developed from the expectations of users captured during the phenomenological interview. The query is a phase of assistance that enables you to view the changes in the user's life.²

This project is justified by the need to understanding the experiences and expectations of the users of a CAPSad; also, becomes relevant in view of the construction and consolidation of substitute services, such as CAPS and the need to provide greater attention to the needs punctuated by themselves users.

Given the above, question is:

What are the expectations of the users of this CAPSad in face of his treatment and how we may use that information to build an instrument in order to qualifying the nursing consultation carried out by CAPSad nurses?

To find answers to these questions it is aimed to:

- Developing a route for nursing consultation to nurses' use at CAPSad.

METHOD

Phenomenological research to be conducted with users in treatment, chosen for convenience at CAPSad of the Conceição Hospital of Porto Alegre/RS.

Phenomenology consists of a descriptive approach, assuming that we missed the phenomenon speak for itself, wanting to give "voice" to the subject, with the aim of achieving a sense of the experience, what the experience means to people who were involved and who are able to give a comprehensive description. These individual descriptions, general or universal meanings are derived: the "essences" or structures of experience and the phenomenological method.³ In this context, this knowledge is in permanent construction, because the phenomenology refers to the lived experiences for human and the meanings assigned to those.⁴

Inclusion criteria are: users in treatment at CAPS in non-intensive regimens, semi-intensive and intensive over the age of 18 years; under treatment for at least three months, will be interviewed about 15 participants divided among categories of care (non-intensive, semi-intensive and intensive); and exclusion: users with exacerbation of



symptoms that hinder verbal communication during the interview.

All participants will be informed about the theme, objectives of the study and their rights before accepted to participate in the study, with further guidance as to signing the Informed Consent/IC.

Data production will be through phenomenological interview from the following guiding questions: 1) **Tell me how your attendance here on CAPS is?** 2) **Tell me what you expect from the professional nurse during your treatment?**

The interviews will be recorded and later transcribed in full, subjected to phenomenological analysis. After the analysis will be developed a guide for nursing consultation which will include the needs identified by users CAPSad the Conceição Hospital (GHC).

The research project followed the provisions of Resolution 466/2012 the National Research Council/CONEP, shall be submitted in Brazil Platform and await approval from the Ethics Committee in Research of the University of Vale do Rio dos Sinos/UNISINOS for its development.

EXPECTED RESULTS

The results will be shown through the phenomenological approach that gives "voice" to the subject, with the aim of achieving a sense of their own experiences. From there will be built a tool for nursing consultation as a way to qualifying the health care operations of this scenario.

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