



Journal of Nursing

Revista de Enfermagem

UFPE On Line

ISSN: 1981-8963

ORIGINAL ARTICLE

CONTROL ACTIONS OF TUBERCULOSIS IN THE MALE PRISON SYSTEM

ACÇÕES PARA CONTROLE DA TUBERCULOSE NO SISTEMA PENITENCIÁRIO MASCULINO

ACCIONES PARA CONTROL DE TUBERCULOSIS EN SISTEMA PENITENCIARIO MASCULINO

Lilia de Medeiros Alcantara¹, Rayanne Santos Alves², Rita de Cassia Cordeiro de Oliveira³, Séfora Luana Evangelista de Andrade⁴, Livia Sales da Costa⁵, Lenilde Duarte de Sa⁶

ABSTRACT

Objective: to know the opinion of people without freedom about care given for tuberculosis control in the male Prison System. **Method:** descriptive-exploratory study with qualitative approach, performed with seven people without freedom through a semi-structure interview script, submitted to content analysis technic. The research project was approved by the Ethic Committee in Research, CAAE nº. 0008.0.000.126-11. **Results:** there were fragility in actions of tuberculosis control due to delay of diagnosis, to the treatment based in the delivery or not of the medicine, the difficulty to health services access out of prison and lack of knowledge about the disease, strengthening the prejudice and stigma about tuberculosis. **Conclusion:** it is suggested the implementation of actions with origin compensatory policies for securing benefits for the convict with respect to the principle of universality, health is right, assured the people in the prison system. **Descriptors:** Tuberculosis; Prisons; Health Education.

RESUMO

Objetivo: conhecer a opinião de pessoas privadas de liberdade sobre a assistência prestada para o controle da tuberculose no Sistema Penitenciário masculino. **Método:** estudo descritivo-exploratório, com abordagem qualitativa, realizado com sete pessoas privadas de liberdade por meio de roteiro de entrevista semiestruturado, submetido à técnica análise de conteúdo. O projeto de pesquisa foi aprovado pelo Comitê de Ética em Pesquisa, CAAE nº. 0008.0.000.126-11. **Resultados:** verificou-se fragilidades nas ações de controle da tuberculose devido ao retardo do diagnóstico, ao tratamento baseado na entrega ou não do medicamento, a dificuldades no acesso aos serviços de saúde fora da prisão e à falta de conhecimento sobre a doença, o que potencializa o preconceito e estigma sobre a tuberculose. **Conclusão:** propõe-se a implementação de ações com origem em políticas compensatórias na perspectiva de que benefícios sejam assegurados aos presidiários e, no que tange ao princípio da universalidade, a saúde seja de direito, assegurada às pessoas no sistema prisional. **Descritores:** Tuberculose; Prisões; Educação em Saúde.

RESUMEN

Objetivo: conocer la opinión de personas privadas de libertad sobre la asistencia prestada para el control de la tuberculosis en el Sistema Penitenciario masculino. **Método:** estudio descriptivo-exploratorio, con enfoque cualitativo, realizado con siete personas privadas de libertad por medio de guía de entrevista semi-estructurada, sometido a la técnica análisis de contenido. El proyecto de investigación fue aprobado por el Comité de Ética en Investigación, CAAE n°. 0008.0.000.126-11. **Resultados:** se verificaron fragilidades en las acciones de control de la tuberculosis debido al retardo del diagnóstico, al tratamiento basado en la entrega o no del medicamento, a dificultades en el acceso a los servicios de salud fuera de la prisión y a la falta de conocimiento sobre la enfermedad, lo que potencializa el prejuicio y estigma sobre la tuberculosis. **Conclusión:** se propone la implementación de acciones con origen en políticas compensatorias en la perspectiva de que beneficios sean asegurados a los presidiarios y en lo que se refiere al principio de la universalidad, la salud sea de derecho, asegurada a las personas en el sistema de prisión. **Descriptores:** Tuberculosis; Prisiones; Educación em Salud.

¹Nurse, Primary Care Technician, Municipal Secretary of Health in João Pessoa. João Pessoa (PB), Brazil. E-mail: liliaenfer2009.1@hotmail.com; ²Nurse, Master degree, Psychiatric Complex Technician Juliano Moreira, State Secretary of Health in Paraíba. João Pessoa (PB), Brazil. E-mail: rayanne-fleur@hotmail.com; ³Nurse, Professor, University Center of João Pessoa/Unipê, PhD student, Post-Graduate Program in Nursing, Federal University of Paraíba/PPGENF/CCS/UFPB. João Pessoa (PB), Brazil. E-mail: ritaoliver2002@yahoo.com.br; ⁴Nurse, Master degree, Control Technic of Tuberculosis and Hansen's disease, Municipal Secretary of Health in João Pessoa. João Pessoa (PB), Brazil. E-mail: sefora_andrade@hotmail.com; ⁵Audiologist, Master degree, Technical Support Center for Family Health, Municipal Secretary of Health in João Pessoa. João Pessoa (PB), Brazil. E-mail: liviafonoaudiologa@hotmail.com; ⁶Nurse, Post-PhD Professor, Department of Public Health Nursing and Psychiatry/Post-Graduate Program in Nursing, Federal University of Paraíba/PPGENF/CCS/UFPB. João Pessoa (PB), Brazil. E-mail: sa.lenilde@gmail.com

Of these 25 convicts, seven were included in this study with the following inclusion criteria: being conscious and oriented in time and space, male, with a history of tuberculosis notified in 2011, entered into the male prison system in the municipality of João Pessoa-PB and had already completed treatment for TB in the period not less than 6 months of the period defined for the interviews.

For this study, researchers were supported by health professionals and prison staff, who made the first contact in order to facilitate the meeting between the researcher and the researched one in a safety way. In the narrative clippings, participants were asked to choose the real name of this research being defaulted the following encodings: Mano, Parceiro, Moral, Brother, Boy, Figura and Maluco.

The empirical material was collected from the interview technique, using a semi-structured script. The interviews were conducted individually with the use of a tape recorder in a reserved place of the prison, guaranteeing the right to anonymity and privacy of the participants.

For the analysis of the empirical material, it was used the technique of Content Analysis proposed by Bardin¹⁰ whose operation was based on three steps: Pre-analysis, material exploration, processing and interpretation of results. For phases of exploration of material and treatment of the results and interpretation all the recordings were listened and transcribed. In this process, the completeness, consistency, representativeness and relevance of content were observed. Finally, it was proceeded to the analysis and discussion of categories, based on the literature relevant to the topic.

This research was the project approved by the Federal University of Paraíba (CEP/HULW/UFPB) by the Ethics Committee in Research of the University Hospital Lauro Wanderley (Protocol 274B/11, CAAE paragraph. 0008.0.000.126-11) Resolution 466/12 of the National Health Council (CNS/MS)¹¹, dealing with ethics in research involving human beings. All participants were told to read and delivery of the Term of Consent signed in duplicate, after clarification of the research objectives, their voluntary participation, guaranty of their confidentiality and given the right to withdraw their consent at any stage of the research, without suffering losses.

RESULTS AND DISCUSSION

From the analysis of the empirical material, it was possible to apprehend two

cores of meanings: (1) *treatment and diagnosis of TB in the prison environment; and (2) educational actions for tuberculosis control in the prison environment.* The first group addresses weaknesses related to access and affordability of TB patient without freedom to health services. There are delayed diagnosis; based treatment delivery or not of the medicine; difficulties in the provision of vehicles to carry them to health institutions of high technological level. The second group addresses questions related to tuberculosis control through information received by health professionals in the prison environment.

◆ Treatment and diagnosis of TB in the prison environment

TB control contemplated by NPHPS is based on the interruption of the transmission chain through case finding, early and proper diagnosis and treatment until healing under the techniques Rules for the Control of TB.¹²

The WHO recommends that actions to TB control in prison are mainly based on the DOTS strategy, which is founded the political commitment; identification of basillyperous cases; short-course chemotherapy with patient follow-up, including supervised medication; regular supply of medicines and registration and evaluation system, including response to treatment,¹³ However, it was noted that the recommended by WHO is not running them in prison, since to be encouraged to describe about the treatment received by professionals health in prison, all convicts complained of the delivery of the medication, indicating that the treatment adopted in the prison system is based only on the medical aspect, limited to the delivery of bacteriostatic or not.

The received treatment for tuberculosis in prison is not good, only they deliver the medicine. The difficulties I had to deal with, was related medicine delivery (Moral)
The received treatment for tuberculosis in prison to tell you the truth, is not that all treatment, I do not even know how to speak. What it had was a medicine for headache and cough, I still take a bit [...] O just know that treatment is not appropriate here. (Maluco)

About treatment received in prison, the medicine comes every month, tablet arrives and the nurse give it to me. The difficulty I faced to treat tuberculosis was the worst treatment, because I'm still taking the tablets. (Figura)

Health professionals here ran after the medication and I could do the treatment. (Boy)

Given the reports, it was found that only one of the DOTS strategy resources is being

With the reports, operation actions failures are identified by health units in prisons, as they ought to be empowered to promptly diagnose and treat TB cases. According to the Ministry of health, efforts should be made early in order to find the patient and provide appropriate treatment, interrupting the chain of transmission of the disease. Thus, the active search for persons with prolonged cough should be a strategy prioritized in health services for the discovery of such cases and performed at inclusion of the convict in prison.¹⁵

Convicts have difficulties in being sent to health services, thereby contributing to the failure of control measures of the disease in prison. In this context, failures in the prison system regarding access to health care were found.

Forwarding given to other health services was very bad because I had no treatment for where we wanted, which was the Clementino Fraga hospital to are better there, because we knew it is a very serious disease. (Brother)

After I did the examinations, after arriving at the hospital, the doctor asked to stay in hospital, but they did not allow me because there was not a bed for me to stay. Then they said that I had to return with 05 days, but they did not take me back to the hospital, so my treatment was here in the prison. (Mano)

There are still a lot of difficulty for you to go to the hospital [...] because it is not all the time that they (prison officials) want to take us. (Boy)

When I needed to be sent, it is a very bad situation. When there is a sick convict there (in prison), they could not lead him anywhere, they said it was missing escort. (Parceiro)

Access goes far beyond the use or nonuse of health services, including the adequacy of professional and technological resources used and health needs of patients in order to ensure not only entry and continuity in services and the satisfaction of a health need.¹⁶

The prison population have the right to access the actions and health services, with legally defined by the Penal Execution Law n. 7210, 1984 by Federal Constitution of 1988, by Law no. 8.080, 1990, regulating the SUS and by Law no. 8,142, 1990, which provides for community participation in the SUS.⁹

In the prison context, there is a number of differences from what is established in legislation and justified by numerous inadequacies related to living conditions, health, diet, lack or shortage of transportation for convicts on an emergency

or even unavailability or shortage of health professionals.¹⁷

In studies about access, there is the idea that one dimension of the performance of health systems associated to the offer.¹⁸ In the definition of access, Sanchez and Ciconelli conclude that when the concept is supported by four main elements: availability, acceptability, ability to pay and information, there is a risk of confusing with health equity. In most research on the concept of access, converge to a common thought: the problem of access to health and therefore health equity that needs to be discussed and developed through cross-sectoral and cross-cutting actions in all areas of government, including social and economic policies, allowing better distribution of income, strengthening citizenship and others.¹⁹

It is important to note the distinction between the terms access and accessibility, which although used ambiguously, have complementary meanings. The access allows the appropriate use of services to achieve the best possible results. It would, therefore, how the person experiences the health service. The accessibility enables people to get access to services.²⁰ The access as a possibility of achieving care according to the needs have interrelationship with resoluteness and extrapolates the geographical dimension, covering aspects of economic, cultural and functional order offer services.²¹

When the offering actions in prevention, promotion and recovery is insufficient to meet the health needs of the prison population, as in the case of emergencies or need for examinations, the recluse should be referred for outpatient and hospital care establishments in the city, state or federal health area.^{6,12}

These weaknesses in the care of patients with TB, informed by the convicts, contribute to the delay in diagnosis of TB and to the increase in the number of cases in prison. It is worth noting that failures in the early diagnosis of TB can result in increased mortality of the disease and the development of clinical emergencies that increase the rate of hospitalization for TB.²²⁻³

The delay in diagnosis and initiation of treatment are clear reflections of the deficiencies in the health system, being prevented with significantly interventions to increase early detection of cases.²⁴ It is necessary to reinforce the idea that convicts have all fundamental rights and especially the right to enjoy the highest standards of physical and mental health.⁹

contagion. This situation also suggests little involvement of health professionals in the prison system to perform educational activities directed to convicts.

Prison is a community where all interact and are at risk of getting TB. The development of Information, Education and Communication (IEC) programs failure by the large number of detainees as the restriction of carrying out collective activities due to environmental and safety conditions. Furthermore, the ineffectiveness of strategies prescriptive education in a highly hierarchical and rejecting charges (beyond those inherent to incarceration) being necessary to seek other approaches. Awareness strategies elaborated with the participation of convicts that would also multipliers, seem more appropriate, but they will need consciousness degree of autonomy and their right to initiative.¹³

It is fundamental that users are informed of material related to the disease, such as transmission and treatment. However, this information must go beyond, including social, environmental, stigmas and prejudices of the disease. This does not guarantee that the user will have changes in their behavior, but it can contribute to the even understands what he needs to do to have better health and quality of life, not just a knowledge about the disease. This is the true goal of education health.^{14,27}

Given the reports, it was observed that the use of tobacco is a routine activity, and many detainees associate the disease with this activity. It is known that the direct form of contagion is not that one. But, indirectly, this practice may contribute to the illness. Thus, tobacco control should be integrated TB control for achieving disease control, as the inhalation of tobacco smoke, passive or active, is a risk factor for TB.¹⁴

On the habit, the NOHPS recommends actions to be undertaken in reducing damage to PWF who are abusive and/or harmful use of alcohol and other drugs. In case of withdrawal, the health team must perform the appropriate care or send them to a referral hospital.⁹

The lack of knowledge among the population about TB arouses fear in people, which shows the prejudice that accompanies many for years, the disease. The disease, among other social problems, causes negative changes such as remoteness and isolation in the patient's life. The statements below refer this situation:

*I suffered enough with my fellows in the cell cursing me and saying that I would not be good, always criticizing me. (Parceiro)
It is difficult because almost nobody wants to get near. They get away from you. (Boy)
In the period that I had TB, it was not very good because they do not want to be around you because they can have the disease, the person becomes more isolated, live alone anymore. (Mano)*

Before the speeches, there is a lack of knowledge about the disease among the convicts, which contributes to the isolation of the TB patient before the prejudice from the lack of information about the disease. It is evident that prejudice and discrimination of the patient are unfavorable factors for TB control actions. It is also noteworthy the fact that an infectious disease will certainly affect relations with people, since the prejudice and fear contribute to reduce or prevent relations of solidarity. Moreover, the fact that the disease is contagious and recurrences are very constant lead to disbelief in curing TB.²⁸

The experience of having TB modifies people's daily lives and how relates to others, leading to suffering marked by isolation and lack of help. All these factors contribute to the non-acceptance of the disease, with the fear of revealing the diagnosis, preferring to keep the illness a secret.²⁸

The fear of having TB has implicit stigmatization inherent in the disease itself, as well as those who have it, discouraging people from seeking health services, including diagnosis and treatment. The best way to combat the stigma associated with TB is sensitize communities through health education.

Generally, it is perceived by the statements of the convicts, the need to work on education based on dialogue, exchange of health knowledge in order to foster mutual understanding between technical and popular knowledge, leading to possible changes in the understanding disease and its prevention.²⁹

The strategy of health education provides a positive health behavior for enabling the development of greater control over the factors that determine it, promoting a healthier life and improving self-esteem. It is essential that patients are participating, with freedom and right to make good decisions about their health.³⁰

FINAL REMARKS

The health care for PWF, concerning the TB control, is not in agreement with NPHPS and the NPTC guidance, contributing to the control of the disease in prison is a big challenge. Investment will be required in



Submission: 2013/05/30

Accepted: 2014/06/20

Publishing: 2014/11/01

Corresponding Address

Rita de Cassia Cordeiro de Oliveira

Rua Caetano Figueiredo, 2131

Bairro Cristo

CEP 58071-220 — João Pessoa (PB), Brazil