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CASE REPORT ARTICLE

THE HUMANIZATION OF CHILDBIRTH UNDER THE OPTICS OF NURSES: PRIOR NOTE

A HUMANIZAÇÃO DO PARTO SOB A ÓTICA DE ENFERMEIRAS: NOTA PRÉVIA

LA HUMANIZACIÓN DEL PARTO BAJO LA ÓPTICA DE ENFERMERAS: NOTA PREVIA

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ABSTRACT

Objective: recognizing the facilities and the difficulties faced by nurses in an obstetric center to ensure the humanization of birth. ***Method:*** a field study, descriptive and exploratory with a qualitative approach, with the study setting the obstetric center of a teaching hospital in southern Brazil. The participants will be nurses who work in care for women during parturition and childbirth. Empirical data will be produced through individual interviews with semi-structured interview guide and analyzed by thematic content analysis technique. The research project was approved by the Research Ethics Committee, under CAEE 32803114.3.0000.5346. ***Expected results:*** promoting the discussion and the reflection about the facilities and the difficulties faced by nurses working in a childbirth center to ensure the humanization of birth. ***Descriptors:*** Parturition; Humanized Birth; Nursing.

RESUMO

***Objetivo*:** conhecer as facilidades e as dificuldades encontradas por enfermeiras de um centro obstétrico para garantir a humanização do parto. ***Método*:** estudo de campo, descritivo-exploratório, com abordagem qualitativa, tendo como cenário de estudo o Centro Obstétrico de um hospital de ensino do sul do Brasil. As participantes serão enfermeiras que atuam no atendimento às mulheres durante o trabalho de parto e parto. Os dados empíricos serão produzidos por meio de entrevista individual com roteiro de entrevista semiestruturado e analisados pela Técnica de Análise de conteúdo temática. O projeto de pesquisa teve a aprovação do Comitê de Ética em Pesquisa, sob o CAEE 32803114.3.0000.5346. ***Resultados esperados*:** promover a discussão e a reflexão sobre as facilidades e as dificuldades encontradas por enfermeiras atuantes em um centro obstétrico para garantir a humanização do parto. ***Descritores*:** Parto; Parto Humanizado; Enfermagem.

RESUMEN

Objetivo: conocer las facilidades y las dificultades que enfrentan las enfermeras en un centro obstétrico para garantizar la humanización del parto. ***Método:*** un estudio de campo, descriptivo y exploratorio con enfoque cualitativo teniendo como sitio de estudio el centro obstétrico de un hospital de enseñanza en el sur de Brasil. Los participantes serán las enfermeras que trabajan en la atención a las mujeres durante el parto. Los datos empíricos se producirán a través de entrevistas individuales con guía de entrevista semi-estructurada y analizados por la técnica de análisis de contenido temática. El proyecto de investigación fue aprobado por el Comité de Ética de Investigación, CAEE 32803114.3.0000.5346. ***Resultados esperados:*** para estimular el debate y la reflexión sobre las facilidades y las dificultades que enfrentan las enfermeras que trabajan en una sala de partos para garantizar la humanización del parto. ***Descriptores:*** Parto; Parto Humanizado; Enfermería.

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INTRODUCTION

Over time, the care to women during the parturition process has undergone numerous changes.[1] Initially, the midwife was considered an exclusively female activity, carried out by midwives who, besides taking care of women, also took care of newborns.[2] With the development of medicine as a representative social institution of power over people's health, midwives are now subject to certain requirements, including training to become corporate professionals. Thus, gradually, the male figure began to emerge during the childbirth scenario, with the inclusion of midwives-priests, who helped midwives in more difficult births.[3]

The home parturition was being replaced by hospital birth, which involved the adoption of new routines and care in women's lives. Thus, we started to encourage the use of medications, consultations with obstetricians and pediatricians, and the institutionalization of care, prioritizing the realization of hospital childbirths?[1,4] Such changes in the birth process culminated scenario with excessive medicalization of the female body through the abusive use of invasive procedures and the depersonification of the woman during care.[1] In addition, we see the supremacy of front health professionals in decisions concerning the life of the woman/baby/family, influencing at all stages of the birth process and even the behavior of those involved in this process.[5]

The World Health Organization, the Ministry of Health and other non-governmental bodies, have proposed changes in the care provided during the midwifery, including the rescue of natural childbirth, with stimulating activities in an ethical and technically qualified staff and if possible specializing in care for pregnancy and childbirth. In this sense, the humanization of health care has occupied a prominent place in the current proposals for the reconstruction of health practices in Brazil, aiming to achieve more comprehensive, effective, access and quality of health services.[6]

Among the professionals directly involved in the delivery process, is the nurse who, over the years, has faced challenges to ensure the humanization of care recommended in public health policies and programs. Based on these considerations, it defined as guiding question:

<<What facilities and difficulties encountered by the nurse to ensure the humanization of birth?>>, Which directed the goal:

- Recognizing the facilities and the difficulties faced by nurses in an obstetric center to ensure the humanization of birth.

METHOD

This a field of study, descriptive, with a qualitative approach.[7] The research place will be the Obstetric Center of a teaching hospital in the South. Study participants will be nurses who work directly in caring for women during parturition and birth. The inclusion criteria are: professionals who have degree in Nursing and worked in the study setting. Exclusion criteria have been professionals who are away for sick leave, maternity leave or vacation during the day of data collection.

For the data production will be held interviews with semi-structured interview guide. The data will be analyzed by Thematic Content Analysis Technique.[7] Will be respected the legal provisions of the National Health Council resolution No. 466/2012.[8]

This project was approved by the Research Ethics Committee on 15th July 2014, under the number CAAE 32803114.3.0000.5346.

EXPECTED RESULTS

Promoting the discussion and reflection about the facilities and the difficulties faced by nurses working in an obstetric center to ensure the humanization of birth.

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