



## TRAINING OF MULTIPLIERS OF TRD/HIV IN THE CONTEXT OF PNEPS: A DESCRIPTIVE EXPLORATORY STUDY

### FORMAÇÃO DE MULTIPLICADORES TRD/HIV NO CONTEXTO DA PNEPS: ESTUDO DESCRITIVO EXPLORATÓRIO

### FORMACIÓN DE MULTIPLICADORES TRD/VIH EN EL CONTEXTO DE LA PNEPS: UN ESTUDIO DESCRIPTIVO EXPLORATÓRIO

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#### ABSTRACT

**Objectives:** investigating the formation process of TRD/HIV multipliers in Baixada Litorânea/RJ from the perspective of the National Policy on Continuing Education (PNEPS); identifying weaknesses and strengths of professionals in the implementation of the recommended procedures in the training workshops of multipliers; and checking the power of this formation proposal in Baixada Litorânea/RJ. **Method:** a descriptive and exploratory field study of a qualitative approach. Data were collected from October to December 2014, based on interviews with professionals trained in the years 2013 and 2014 in the multipliers training workshops. The analysis will be performed by Technical Content Analysis of Bardin. The project was approved by the Research Ethics Committee, CAAE: 33736914.90000.5243 and opinion n° 805.491 from 25<sup>th</sup> September, 2014. **Expected results:** it is expected the promotion of reflections in the sphere of action of these professionals with the articulation of a regional meeting of multipliers/counselors in the Baixada Litorânea of Rio de Janeiro. **Descriptors:** Continuing Education; Counseling; AIDS Serodiagnosis.

#### RESUMO

**Objetivos:** investigar o processo de formação de multiplicadores em TRD/HIV na região da Baixada Litorânea/RJ sob a perspectiva da Política Nacional de Educação Permanente (PNEPS), levantar fragilidades e fortalezas identificadas pelos profissionais na aplicação dos processos recomendados nas oficinas de formação de multiplicadores e verificar a potência dessa proposta de formação na região da Baixada Litorânea/RJ. **Método:** estudo descritivo exploratório de campo e de abordagem qualitativa. Os dados foram coletados nos meses de outubro a dezembro de 2014, a partir de entrevistas com profissionais formados nos anos de 2013 e 2014 nas oficinas de formação de multiplicadores. A análise será realizada pela Técnica de Análise de Conteúdo de Bardin. O projeto foi aprovado pelo Comitê de Ética em Pesquisa, CAAE: 33736914.90000.5243 e parecer n° 805.491 de 25/09/2014. **Resultados esperados:** a promoção de reflexões no âmbito de atuação destes profissionais com a articulação de um encontro regional de multiplicadores/aconselhadores na Baixada Litorânea do Rio de Janeiro. **Descritores:** Educação Continuada; Aconselhamento; Sorodiagnóstico da AIDS.

#### RESUMEN

**Objetivos:** investigar el proceso de formación de multiplicadores en TRD/VIH en región de la Baixada Litorânea/RJ bajo la perspectiva de la Política Nacional de Educación Continua (PNEPS), identificar las debilidades y fortalezas encontradas por los profesionales en la aplicación de los procedimientos recomendados en los talleres de capacitación multiplicadores y comprobar el poder de esta formación propuesta en la Baixada Litorânea/RJ. **Método:** es un estudio de campo descriptivo y exploratorio de un enfoque cualitativo. Los datos fueron recogidos entre octubre y diciembre de 2014, basados en entrevistas con profesionales formados en los años 2013 y 2014 en los talleres de formación de multiplicadores. El análisis se realizó mediante el Análisis Técnico de Contenido de Bardin. El proyecto fue aprobado por el Comité de Ética en la Investigación, CAAE: 33736914.90000.5243 y opinión n° 805491 de 25 de septiembre de 2014. **Resultados esperados:** la promoción de reflexiones en el ámbito de actuación de estos profesionales con la articulación de un encuentro regional de multiplicadores/consejeros en la Baixada Litorânea de Río de Janeiro. **Descritores:** Educación Continua; Consejería; Serodiagnóstico de la SIDA.

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## INTRODUCTION

Infection with the human immunodeficiency virus (HIV) has been mobilizing various governmental and non-governmental strategies in order to define the profile of the individuals affected, reducing the spread of the virus, support the supply necessary to infected users and dissemination of information in the mass communication vehicles.<sup>1</sup>

The implementation of a rapid diagnostic testing for human immunodeficiency virus (TRD/HIV) in health services constitutes a government strategy of the Unified Health System (SUS). This strategy allows for greater autonomy in health guarantee, both to professionals working directly in the fight against sexually transmitted diseases, as the users of SUS by greater agility perspective in discovering their HIV status.

In accordance with the National Policy on Continuing Education in Health (PNEPS), governed by Decree GM 198 GM/MS from December 2004, the application of TRD/HIV strategy presupposes the training of workers for SUS and in this context, we highlight the workshops multipliers training, which in addition to preparing workers for counseling and test execution, promotes their training as multipliers, adding driving force to the group.<sup>2</sup>

The research comes from the professional trajectory of the researcher as a nurse of a health establishment in the Coastal Lowland of Rio de Janeiro/RJ, who graduated multiplier in TRD/HIV, in a workshop promoted by SES-RJ in partnership with her municipality. Such experience awakened the wish to investigating the operation of multiplication actions throughout the region of the state. Thus we identify the following guiding questions for the study:

a) What are the perspectives of action of multipliers trained workers in TRD/HIV in the Lowland Coastal/RJ? b) What are the demands of these professionals in the application of the recommended procedures in the training workshops? c) What is the regional power in the formation of exchange spaces, able to diagnose the viability of the proposal in the context of the workshops of PNEPS?

The research assumes that multipliers training workshops in TRD/HIV are important qualification strategy at the State and Municipal levels in accordance with PNEPS, giving to the participating workers autonomy and knowledge necessary in view of the increased access of user to this diagnostic technology. However, it considers that, despite the social relevance of the strategy,

there may be difficulties in its implementation in the everyday life of health services.<sup>3</sup>

## OBJECTIVES

- Investigating the process of training of TRD/HIV multipliers in the Coastal Lowland under the perspective of PNEPS;
- Identifying the weaknesses and strengths identified by the professionals in the implementation of the recommended processes in multiplier training workshops;
- Checking the power of the proposal of multiplier training in the Coastal Lowland/RJ.

## METHOD

This is a field research with a qualitative approach, shaping up as a survey of descriptive and exploratory type. It has as a research scenario the municipalities belonging to the Coastal Lowlands Region of the State of Rio de Janeiro/RJ.

Data were collected between October and December 2014, from semi-structured interviews with 17 professionals multipliers linked to the eight municipalities of the region, formed in the workshops of the years 2013 and 2014. There were included multipliers trained workers with link of at least 2 years in the same city and with operations in the STD. There were only excluded professionals on holiday or license during the data collection period.

Data will be analyzed according to Bardin Content Analysis Technique<sup>4</sup>. This study was referred to the Research Ethics Committee of the University Hospital Antônio Pedro, Fluminense Federal University in Niterói (RJ), Brazil/HUAPE/UFF-RJ under CAAE: 33736914.90000.5243 and was approved under the number 805 491 from 25<sup>th</sup> September, 2014.

## EXPECTED RESULTS

With this study we intend to contribute to the socialization of information and knowledge between individuals and institutions involved with the TRD/HIV strategy: state and municipal management of SUS, STD programs and health services, professionals working in the prevention strategy of STD, formed multipliers and user citizens. In the logic of PNEPS it is expected to recognize the regional application of the guidelines and knowledge worked at the educational workshops multipliers, with reference to the improvement of user access.

It is expected from this investigative process, articulating the disclosure of the

study in a regional meeting of Multipliers/Advisors in the Lowland Coastal/RJ, where these issues will be discussed in greater depth, in order to promote regional reflection processes.

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