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NOTE PREVIEW ARTICLE

DIAGNOSTICS AND INTERVENTION SYSTEMATIZATION MANUAL OF NURSING FOR CUSTOMERS OF HOSPITALIZATION UNITS MANUAL DE SISTEMATIZAÇÃO DE DIAGNÓSTICOS E INTERVENÇÕES DE ENFERMAGEM PARA CLIENTES DAS UNIDADES DE INTERNAÇÃO MANUAL DE SISTEMATIZACIÓN DE DIAGNÓSTICOS E INTERVENCIONES DE ENFERMERÍA PARA CLIENTES DE LAS UNIDADES DE INTERNACIÓN

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ABSTRACT

Objective: to elaborate a manual of nursing diagnosis and interventions applied to clients of hospitalization units in a pediatric hospital in the state of Rio de Janeiro. **Method:** it is a field, exploratory, retrospective study, with a quantitative approach. It was opted for the Wanda Horta's theory. The diagnoses and nursing interventions recorded in the medical records will be surveyed and compiling the most frequent diagnoses for manual preparation. Data will be analyzed by statistics. The research project was approved by the Research Ethics Committee under report number 849.957. **Expected results:** the manual can contribute to the management of nursing services in order to facilitate the qualification, documentation and visibility of the institution's nursing service studied and can collaborate with other pediatric care units to perform the SAE. **Descriptors:** Quality Improvement; Diagnosis of Nursing; Pediatric Nursing; Health Services Administration; Nursing Process.

RESUMO

Objetivo: elaborar um manual de diagnósticos e intervenções de enfermagem para ser aplicado à clientela das unidades de internação de um hospital público pediátrico do Estado do Rio de Janeiro. **Método:** estudo de campo, exploratório, retrospectivo, com abordagem quantitativa. Optou-se pela teoria de Wanda Horta. Será realizado um levantamento dos diagnósticos e das intervenções de enfermagem registrados nos prontuários e compilação dos diagnósticos de maior frequência para a confecção do manual. Os dados serão analisados por meio da estatística. O projeto de pesquisa foi aprovado pelo Comitê de Ética em Pesquisa, sob parecer nº 849.957. **Resultados esperados:** espera-se que o manual possa contribuir com a gerência do serviço de enfermagem de forma a facilitar a qualificação, documentação e visibilidade do serviço de enfermagem da instituição estudada e que possa colaborar com outras unidades de atendimento pediátrico para a realização da SAE. **Descritores:** Melhoria de Qualidade; Diagnóstico de Enfermagem; Enfermagem Pediátrica; Administração de Serviços de Saúde; Processo de Enfermagem.

RESUMEN

Objetivo: elaborar un manual de diagnósticos e intervenciones de enfermería aplicado a los clientes de las unidades de internación de un hospital público pediátrico del Estado de Rio de Janeiro. **Método:** estudio de campo, exploratorio, retrospectivo, con enfoque cuantitativo. Se optó por la teoría de Wanda Horta. Será realizado el levantamiento de los diagnósticos y de las intervenciones de enfermería registrados en los registros y compilaciones de los diagnósticos de mayor frecuencia para confección del manual. Los datos serán analizados por medio de estadística. El proyecto de investigación fue aprobado por el Comité de Ética en Investigación, sobre parecer nº 849.957. **Resultados esperados:** que el manual pueda contribuir con la gerencia del servicio de enfermería de forma a facilitar la calificación, documentación y visibilidad del servicio de enfermería de la institución estudiada y que pueda colaborar con otras unidades de atendimento pediátrico para la realización de SAE. **Descriptor:** Mejoría de Calidad; Diagnóstico de Enfermería; Enfermería Pediátrica; Administración de Servicios de Salud; Proceso de Enfermería.

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INTRODUCTION

According to the Law 7498/86, planning and supervision of nursing care are private nursing skills¹. The Nursing management has many skills. However, all these skills are important for the practice of nursing to ensure the customer, family and community with a health care quality.

According to José Serra, a hospital with identical working conditions get better results than others if there is leadership commitment, quality of management, competence and creativity of the team.² Managerial skill implies joint and proactive mobilization of knowledge, skills and activities in any and every situation, foreseeable or not, focusing on both administrative and clinical aspects.²

The Nursing Process was widespread in Brazil in the 70s, mainly by Wanda de Aguiar Horta, who used the assistance of the basic human needs, structured in the theory of human motivation of Abraham Maslow to subsidize nursing care.³

Since the Systematization of Nursing Care is an important way to make individualized nursing care and the nursing manager is the technician in charge of the nursing team, it can be said that he should be the main facilitator for the Systematization of Nursing Care to be effectively implemented in the health service.

The Institution of this study is a Public Hospital located in the Baixada Fluminense, in the state of Rio de Janeiro. Over 09 years, the hospital has been carrying out the implementation of the Nursing Process, being developed with the following strategy:

In 2005, a nursing history form was prepared. In 2008, it was stopped and returned in 2010;

In 2011, the institutionalization of daily evaluation and the medical record of the nursing evolution;

In 2012, the nursing diagnosis was recorded directly in the patient's record and the nursing interventions were prescribed using proper forms. Thus, in 2012, the studied Institution began to perform all steps of the nursing process, however, is difficult and greater expenditure of time to accomplish it.

The object of this study is the nursing process applied to pediatric clients in the stages of diagnosis and nursing interventions.

The study is justified by the representation the studied hospital has in its geopolitical region in nursing service provided to Baixada Fluminense population as well as

identification of the prevalence of diagnosis and nursing interventions in this clients. The formulation of a manual of diagnostic and nursing interventions can contribute to better management of time spent by nurses in implementing the Nursing Process and therefore strengthen permanently the implementation of NP and be an example for other health institutions to use this strategy since it is difficult for management to institutionalize the NP.

OBJECTIVE

- To develop a manual of diagnosis and nursing interventions to clients of hospitalization units in a Pediatric Public Hospital of the State of Rio de Janeiro.

METHOD

This research will be conducted in compliance to Resolution 466/12, after authorization from the General Direction of the institution setting of this study, by using archived records of patients who were hospitalized to the Hospital from January to December 2013, eliminating the need of TCLE.

This is a field of, exploratory and retrospective study, with a quantitative approach, using primary and secondary sources.

The hypotheses of the study are:

1- Are there Diagnosis and Nursing Interventions in the patient's records?

2- Is it possible to elaborate an instrument of Nursing Diagnosis and Interventions?

This study was held in a Pediatric Public Hospital of the State of Rio de Janeiro, located in the Baixada Fluminense, belonging to the Municipal management. However, it has regional hospital characteristics, since approximately 30% of its total assistances are provided to clients of other municipalities. It has an ER, 41 hospital beds and outpatient specialties.

◆ Sample

The records of patients who were hospitalized to the Hospital units in the period of January to December 2013.

◆ Exclusion Criteria

- Clients who stayed less than 48 hours in hospital wards;
- Clients who were hospitalized in the hospital emergency room and
- Clients with less than 01 months of life, because it requires more specific care (neonatal period).

◆ Data collection and analysis

Data will be collected on the primary source, that is the client's records selected as sample using structured instrument from November 2014 to February 2015.

The data collected from medical records will be treated by statistical analysis.

EXPECTED RESULTS

It is expected that the manual can contribute to the management of nursing services in order to facilitate the qualification, documentation and visibility of the hospital nursing service studied and serve as a facilitator for other pediatric care units.

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