BOOK REVIEW

NURSING PROCEDURES IN NEONATOLOGY: ROUTINES IN THE FERNANDES FIGUEIRA INSTITUTE /FIOCRUZ
PROCEDIMENTOS DE ENFERMAGEM EM NEONATOLOGIA: ROTINAS DO INSTITUTO FERNANDES FIGUEIRA/FIOCRUZ
PROCEDIMIENTOS DE ENFERMERÍA EN NEONATOLOGÍA: RUTINAS DEL INSTITUTO FERNANDES FIGUEIRA /FIOCRUZ

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The recent publication of the book organized by four nurses who were Coordinators at the Fernandes Figueira Institute/Fiocruz is a work that presents us the fruit from the work carried out by these professionals for years, and dedicated to a clientele as important as vulnerable: the Neonatal. What once helped internally in the organization of the work performed by the nursing team at this renowned Institution, which was of restricted disclosure, is now within the reach of all professionals and students in the area. This valuable work, already organized, implemented, tested and revised, arrives in a careful edited and printed format. This material will certainly serve as a source of knowledge for many and will add value to others who had the privilege of witnessing this work as students at the nursing programs maintained by Fiocruz: already knowing about its importance in the past, we acknowledge its release, now available to many.

Distributed in 147 pages and described in a simple and easy to understand format, it presents procedures in a didactic form, not only detailing routines but also containing the appropriate scientific arguments. Thirty routines, always focusing on nursing procedures in front of the neonatal clientele, are presented in the form of chapters and help to set up, one by one, an illustrative and detailed panel of best practices in nursing care. Procedures are indicated from hand sanitizing, a fundamental technique for the prevention of infections and death, to nursing records, a valuable instrument for continued assistance and documentation by the working team for the safety of the patient, involved professionals, and institution. The book explains themes of current value in detail such as the humanization of assistance – through the Kangaroo method, feeding methods for premature babies and importance of their maintenance, to themes considered in the "vanguard of care": the recognition of pain in the neonate and how to handle it - a topic whose knowledge was expanded thanks to the work carried out by Nurses - the epicutaneous catheter insertion technique, an aseptic technique of central route approach, recognized as within the nursing professional competence and so important nowadays as the first choice when central access is needed, durable, and reliable for the infusion of solutions.

These routines occupy eighty percent of the pages in the book. The remainder is presented in the form of annexes where the authors deal with very specific issues, however commonplace, whose management must be dominated by nursing professionals. We also find in the book, nursing care to patients with surgical diseases, whose correction should happen at the neonatal stage of life, such as gastrochisis, onfaloce, esophageal atresia, and diaphragmatic hernia - this latest, is still important for being an absolute medical emergency. The annexes also approach issues such as retinopathy of
Prematurity, whose detection depends viscerally on screening work done through the establishment of rigid routines, with specific timetables for exams, which must be followed for premature babies who, remain or not, as inpatients. The detection and early intervention is the only way to prevent future blindness.

In many of these chapters, the use of clinical cases that directly confront on one hand, the procedure, and on the other, the justification, details the subject in a didactic way and leave no questions even for beginners in the profession. Illustrative drawings and photos are presented, sometimes showing baby mannequins, and other times showing newborns whose appearance already demonstrates the care provided by the nursing staff, complete the resources in this book always in an appropriate and pertinent format. However, it is precisely these last resources that could be improved in a future release. Some techniques would certainly be more richly covered if illustrations or photographs were added to the text such as venipuncture, epicutaneous catheter insertion, and dressing and medication preparation. The use of more images could be achieved by using the authors’ documentation of numerous cases compatible with the time dedicated to their professional activities. Thus, we would see an exceptionally written material impeccably presented and enriched by an increased and more regular distribution of images and illustrations.

REFERENCE


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