



NOTES ON NURSING: WHAT IS AND WHAT IS NOT

NOTAS SOBRE ENFERMAGEM: O QUE É E O QUE NÃO É

NOTAS SOBRE LA ENFERMERÍA: ¿QUÉ ES Y LO QUE NO ES

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The presented book is a translation of one of the reprints of the original work 'Notes on Nursing'. What it is, and what it is not, edition 1859, with 174 p. Florence stood out in the hospital management of war and the military assistance, offering care and teaching about health, cleaning, feeding, ventilation and so on., His critical writing and perhaps even ironic in places, leads the reader to reflect on the production results in the activities of a good nurse, is in the care home or hospital. Thus, it emphasizes clear communication of the book and the focus at the same time practical and reflective of that communication.

In the preface, there is clarity about the purpose of the book, which is to offer suggestions on how to care for the health of others. This in any form covers not only nurses, but also all the society ladies. The chapters that follow show what's more practical this approach care to families, children and patients. The language is easy to read not only for health professionals but also for all those interested in good health behaviors. The book also offers attachments, including consideration of "what it means to be a nurse," which is not very common in scientific books.

The work is presented in 13 chapters and the presentation of each chapter is particularly interesting, showing the same content, as presenting the work around the object, the necessary elements, and how to control them to achieve the objectives, purpose and the results of all the care system.

The author is critical of the teachings and behavior of nurses, has a vision that is difficult to change such behaviors and

expresses the importance of strict routines nurse. She emphasizes the vocation for nursing as being able to anticipate the needs of the patient, placing first the well-being of them. His sensitivity and caring human beings are perceived throughout the reading.

As for health education is to remember that health professionals, especially nurses, are purveyors of vaccination campaigns, it is not wrong but it is also necessary; questions the origin of the contagion, and in the home where missing health education, environmental, good manners and common sense. Laws of nature, environmental health and sanitation, what does all this has to do Florence ask nurses to his disciples...

People have accepted the disease as normal facts; believe to be normal after a certain age acquire chronic diseases such as diabetes and hypertension, which, by the way, are major public health problems in the world. Are why? Everyone, even health professionals, believes in the normalcy of their occurrence or is it the degeneration of the families of everyone who is manifesting? Genes are becoming weaker generations.

The guilt still remains the diseases that are highly contagious, and not the lack of prevention against them. The diseases are conditions from each other; it depends on the lack of control and dirt to settle. They are not proper to man but the filth. A careful reading of the book makes the reader wonder about how Florence reacts today before the mistakes made by health professionals, and the little evolution of wholesomeness. There were few changes in human behavior. Today it still aims to build that "yields more" being

nothing more than capitalism being among generations.

As for the assistance, it is questioned whether the treatment is progressing or regressing. At the time of fresh air, the assistance continues and the cleaning was the only defense of the true nurse. The technologies are evolving for sure, but unlike the professionals seem to lose between machines and equipment lightness, delicacy and even common sense.

The said technologies for sanitation, how's the air quality? They test air quality of the wards? Or do researching how many patients died by bad air quality, sanitation, hygiene; reach will be the best results [...] Moreover, what good many researches proving infection by the hands of the professionals themselves are still not washing hands.

In some passages God is used as an example, perhaps because he teaches us by His actions, concrete actions and not mere thoughts. That's what the author tries to tell us all the time, missing action, missing results due to lack of action [...] knowingly uses God as our greatest example of conduct and not herself, then, is above all humble .

As for management, the author shows how current terms delegations of duties, supervision, job responsibilities, duties and skills of others. Everything related to the patient should be administered by the nurse, even the visits, the subjects of visits, correspondence and so on. There is a need to forecast not only care, but also the material and human. There is the inability to be present at all times with the patient, very current issue, where nurses often report function overloading. What is now most important quality or quantity of shares of stock? For the time of Florence there is no doubt the quality deck is a condition for the exercise of nursing.

The "try" to do the impossible is very current; this applies to the general education of nurses. In these cases the rush and nervousness are applicable not only to patients but also nurses wanting to streamline activities to also take care of the housework, their families, and/or take other professional function, which is even more exhausting.

As the profile of nurses doubt is where are the Florences nursing today? How many years have passed and no one talks about it other than [...] with many adjustments to be made, requiring the evolution of the profession is necessary that other Florences today. Health professionals especially nurses need of daring and colorful delicacies to bring joy and

comfort to patients. As she was and her own name reminds that we need nurses who offer delicate care as flowers and dedicated Florence, one of the most, if not the most beautiful flower of nursing.

In short, the translation of the book is of good quality, it's a work in Portuguese and a guide for those who wish to know more about critical thinking, especially under a practical approach and classic nursing. The book provides a read-reflective, serving for self-learning. His reading is of paramount importance to students of undergraduate nursing, nurses and stakeholders to understand and practically apply critical thinking in teaching situations and assistance.

REFERENCE

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