The importance of the participation of nurses in the Doting Mother of Pernambuco Program: Reflective Analysis

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ABSTRACT
Objective: to reflect on the importance of the nurses participation in the Doting Mother of Pernambuco Program. Method: descriptive study, of theoretical reflection, with searching in the literature, on sites of the Health Ministry, State Secretariat of Health, scientific articles and books to support reflection. Result: the nurse is prepared to monitor the health of the woman, the child, the adult and elderly and other Programs developed by the Health Ministry of Brazil. For having a clinical look, the nurse, which acts in the Doting Mother Place, will be able to identify changes in who has recently given birth as in the newborn, which could pass unnoticed from another professional. Conclusion: the objectives proposed by the Doting Mother Program fit the profile of the actions of the nurse and is necessary its performance in the Doting Places. The nurse has the ability to evaluate the individual holistically, identifying health problems of biopsychosocial order.

Descriptors: Child Care; Prenatal; Breastfeeding; Nursing.

RESUMO

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Objetivo: reflexionar sobre la importancia de la participación de los enfermeros en el Programa Madre Sobreprotectora de Pernambuco. Método: estudio descriptivo, de reflexión teórica, con busca en la literatura, en los sitios del Ministerio de Salud, Secretaría de Salud del Estado, artículos científicos y libros para apoyar la reflexión. Resultado: el enfermero está preparado para supervisar la salud de la mujer, del niño, de los adultos y ancianos y otros Programas desarrollados por el Ministerio de Salud de Brasil. Por el motivo de tener un mirar clínico, el enfermero, que actúa en el Local de la Madre Sobreprotectora, podrá identificar alteraciones tanto en quien ha dado a luz recientemente, al igual que en el recién nacido, las que podrán pasar desapercibidas de otro profesional. Conclusión: los objetivos propuestos por el Programa Madre Sobreprotectora se encajan en el perfil de las acciones del enfermero se hace necesaria su actuación en los Locales de las Madres. El enfermero tiene la capacidad de evaluar el individuo holísticamente, identificando problemas de salud de orden biopsicosocial. Descriptores: Cuidado de niños; Prenatal; Lactancia Materna; Enfermería.

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Considered a Classic Symbol of Philosophy for having intuition and wisdom, the Owl has the ability to move around in 360 look at all angles, join the parties and understand the whole. In Brazilian popular culture, “owl mother” (doting mother) are mothers who care and are proud of their children.1

With the objective of guaranteeing the accompanied gestation and postpartum with quality, it was created in 2007, through the Decree n° 30.859, the Doting Mother of Pernambuco Program that expanded by 95 municipalities in the State. Through the “Doting Mother Places”, spaces in the municipalities with deaths over 25 for every 1000 live births.2 In addition to the monitoring of pregnant women, aims also, to give children the right to birth and healthy development, consequently reduce maternal and child morbidity and mortality.

This Program has as a partnership the Municipal Departments of Health to: deploy the Policy on Sexual and Reproductive Rights; strengthen actions to ensure care to prenatal with quality; enable access to the humanized childbirth; qualify the monitoring to the health of the mother, in the puerperium, and children, in the form of this Law; qualify the integral care and humanized to the pregnant woman and the child in complications of pregnancy, childbirth, birth, puerperium and situation of abortion; promote actions to reduce the child and maternal malnutrition index, mobilizing social agents in defense of the rights of children and women;4 It also aims to stimulate the strengthening of affective bonds between mother, son and family.

In the year 2009, the Program became a State Law receiving support from a network of actions which includes the work of seven State Secretaries who work in the areas of: health; education; social development and care. Among the professionals who work in the Doting Mother Place, there are the nurses, that by the holistic training, begin to gain space and can develop a systematic work, providing to the community not only knowledge about health, but also, with interventions that reach a solution or improvement of the problems more effectively.

OBJECTIVE

- Reflecting on the importance of the participation of nurses in the Doting Mother of Pernambuco Program.

METHOD

It is a descriptive study of theoretical reflection, with literary search on Sites of the Health Ministry and the State Department of Health; scientific articles on SciELO (Scientific electronic Library Online) and the Journal of nursing of UFPE online/Reuol and books to support the reflection on the theme proposed.

RESULTS

Nursing is evolving and gaining space in various areas of the labor market, an example of this is the Doting Mothers of Pernambuco Program, which, despite the short time of deployment, has already the role of the professional nurse and many others who work in this major initiative of the Government of Pernambuco State. To understand better the role of these professionals, we analyze and get information about the Program, as well as scientific articles that help us to formulate our theoretical basis. For being a relatively new and little discussed subject, it is worth mentioning the great difficulty of finding scientific content that could indeed be relevant to the formulation of our analysis.

According to the website of the Health Secretary of Pernambuco that shows information on the activities and operation of the Doting Mother of Pernambuco Program, it was inspired by the program Curitibana Mother, created in 1999, on International Women’s Day, and seeks to improve the access and quality of prenatal care, childbirth, puerperium and care to the baby in Health Units and in maternity wards. The Doting Mother aims, also, the sum of efforts by the Health Ministry in places where even having Family Health Strategies/FHS, Program of Communitarian Agents of Health/PCAH, the numbers of maternal and child mortality are still high.

In the operation rules of the Program, it was established that, in each Doting Mother Place, must perform two high-level professionals who do not necessarily have training in the health area,5 allowing professionals from other areas insert within the program. However they must have knowledge about prenatal and childcare so they can discuss, argue and intervene, when the trimmings were not being made or rejected. In addition, they must know the population with which it operates, seeking means to enable them to participate in a more active, gaining space for the monitoring of pregnant, women who have recently given birth and children from 0 to 5 years old.
Which is the importance of the nurse to the program?

During the period of graduation, the student nurse is prepared to monitor the health of the woman, the child, the adult and elderly and other programs developed by the Health Ministry, receiving high demand for information. The woman is accompanied in all the phases, especially in the gravid-puerperal period, considered of utmost importance due not only to her risks but also to the concept.

In the book "The Family Health Program: how to do it", the authors discuss the role of the nurse, stating that it is beyond the hospital environments (care), their actions are mainly in the prevention of diseases and health maintenance through the service, host and knowledge of the community in which they work. When operating in the basic health care, they focus on the most prevalent problems of every social group and actions aimed at modifying the conditions of life of the community, by the control of social and environmental factors stimulating population to have healthy attitudes to decrease or eliminate the risks.

In a literary review on maternal mortality in Brazil, it was emphasized that the improvement of reproductive health condition is still a challenge for the women having little access to health services, and they are therefore necessary actions such as prenatal care and childbirth of quality, in addition to an effective social control. In prenatal, they are restricted to an obstetrician and nurses in accordance with the Law of the Professional Practice of Nursing - Decree n. 94.406/87 of the Health Ministry: low risk prenatal care can be fully accompanied by a nurse. In the Doting Mother Place, the professional responsible must comply with the maternity card so that all the steps can be verified, paying attention to the amount of appointments; requested and carried out examinations; vaccines taken; nutritional status; among others important for the development of the child and maternal health. In prenatal, the nutritional care is very important, and it has been observed in several studies its benefits in the final outcome of pregnancy. The nurse is also responsible for such assessments when provides assistance to pregnant women.

In addition to scientific knowledge for realization of prenatal, the nurse is prepared to interpret the perception that the expectant mother has to their experience of motherhood, with the environment, the family, the physical, psychological and social changes that matter at this stage. Every pregnancy is unique, regardless of the number of women's pregnancies, and should be considered a special period in their life, and the professionals of the Doting Mother Place should understand these feelings and behavior, giving security in their words and procedure, getting women's confidence.

It is right after the baby is born that there are changes caused by pregnancy. It is observed in the literature that the prenatal period comprises a set of actions aimed at reducing the risk and the severity of the morbidity and mortality and increases the mother-son relationship, so their effect becomes protector for maternal and neonatal health. In another study about the educational activities on prenatal care, it was made a brief reflection on the nursing consultation, being considered an area for health education, noting that gradually the signs of pregnancy will disappear, starting the return to the not gravid state, and when receiving the newborn son in their arms, all the pain and wear of childbirth are compensated. Such sensitivity must also be in the professional of the Doting Mother Place, which will monitor no longer a woman, but a mother who often did not understand what will be her role in the life of the newborn child that is totally dependent on her.

With respect to the monitoring of children, the childcare, a procedure also performed by nurses of the Family Health Strategy, is of extreme importance and as well as the Doting Mother Program, assists the child up to five years of life. In a study conducted on childcare in nursing, researchers emphasize the importance of this activity and the need of the population, particularly the socioeconomically disadvantaged, to be sensitized to the prevention of diseases and health promotion of children through monitoring. It is considered of extreme importance, although the nurse be more familiar with the understanding of the information in the booklet of the child such as: the record of the weight, height, vaccines and other information that are checked routinely in health strategies in the Doting Mother Place, the verification of such data shall be obligatory for the professional.

When studied on the focus of the childcare, it was argued that: because it is awarding of the nurse the visits at the residence of the woman who has recently given birth after discharge, the professional, in addition to attend the woman, will clear up doubts about the difficulties on breastfeeding and other relevant aspects of the newborn care. It is important to note that even with so much
knowledge about breast milk, the rate of exclusive breastfeeding in many countries is still low,\(^{12}\) so comments and guidelines regarding breastfeeding must be made by the professionals of the Doting Mother Place accompanying mothers and their children under 06 months.

The clinic view of the nurse who acts in the Doting Mother Place can identify changes in the mother who has recently given birth as in the newborn, which could pass unnoticed to someone else with different training, and, in cases of prenatal consultations that for some reason did not be performed correctly or not at all, this failure may be supplied by the nurse of the Doting Mother Place who will intervene by passing to the responsible the occurrence of lack of appointments or complementing the information no longer be given or not understood. It is through these practices that nowadays the nurses can detect potential health risks and conduct early interventions to aggravations, checking the monitoring of children’s growth and development in notes of the booklet during the visits of the Doting Mother Place, an important indicator of the child health and to contribute to the reduction of infant morbidity and mortality index as it was seen in the study on the use of the curves of weight versus age, in monitoring the growth of infants treated in outpatient childcare.\(^{13}\)

**CONCLUSION**

Every healthcare professional must be esteemed and revered according to their area of expertise. It is of the utmost importance to reflect on the importance of the participation of nurses in the Doting Mother of Pernambuco Program, being the professional that is prepared to accompany the woman on her cycle puerperal-gravid and the child from 0 to 5 years old.

It is more than clear that the objectives proposed by the Doting Mother Program fit the profile of the actions of the nurse and it is necessary their performance in the Doting Places. The nurse has ability to evaluate the individual holistically, identifying health problems and bio-psychosocial, have clinic view, to know Health Ministry programs and run them in a coherent and satisfactory way, developing educational actions aimed at decreasing the anxiety and insecurity, so frequent in these women’s lives, in order to provide physical, mental and social wellbeing for mothers and children, helping to strengthen health actions, for having knowledge that will contribute to the achievement of better results for the program.

**REFERENCES**


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