



PRACTICE AND TRAINING OF THE FAMILY HEALTH CARE STRATEGY: CHILD CARE CHALLENGE

PRÁTICA E FORMAÇÃO DE PROFISSIONAIS DA ESTRATÉGIA SAÚDE DA FAMÍLIA: DESAFIO DO CUIDADO À CRIANÇA

PRÁCTICA Y FORMACIÓN DE PROFESIONALES DE LA ESTRATEGIA DE LA SALUD DE LA FAMILIA: DESAFÍO DEL CUIDADO AL NIÑO

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ABSTRACT

Objective: to understand aspects of the practice of care and its correlation with the training of the health professional that acts on the effectiveness of the child's health care line at the FHS; to identify guidelines related to the training of professionals in the childcare line; to analyze potentialities and limitations of the practices of care of health professionals in front of the line of health care of the child. **Method:** this is a qualitative, descriptive, exploratory study. Non-participant interviews and observation will be conducted with nurses and physicians from the FHS. The analysis of the data will be done through the technique of Content Analysis in the Thematic analysis modality. The research project was approved by the Research Ethics Committee of the Federal Fluminense University, number CAAE 62136016.7.0000.5243. **Expected results:** provide reflections on the training processes and practices in the child's health care line at the FHS, and to indicate the need to incorporate this specific theme in the training and in the actions of permanent education. **Descriptors:** Staff Development; Health Human Resource Training; Child Health; Family Health Strategy; Nursing; Health Knowledge, Attitudes, Practice.

RESUMO

Objetivo: compreender aspectos da prática de cuidado e sua correlação com a formação do profissional de saúde que atua na efetivação da linha de cuidado à saúde da criança na ESF; identificar diretrizes relacionadas à formação dos profissionais no que se refere à linha de cuidado à criança; analisar potencialidades e limitações das práticas de cuidado de profissionais de saúde perante a linha de cuidado à saúde da criança. **Método:** estudo qualitativo, descritivo, exploratório. Serão realizadas entrevistas e observação não participante com enfermeiros e médicos da ESF. A análise dos dados se fará por meio da técnica de Análise de Conteúdo na modalidade Análise temática. O projeto de pesquisa foi aprovado pelo Comitê de Ética em Pesquisa da Universidade Federal Fluminense, número CAAE 62136016.7.0000.5243. **Resultados esperados:** oportunizar reflexões sobre os processos de formação e sobre as práticas na linha de cuidado à saúde da criança na ESF; e indicar a necessidade de incorporação desta temática específica na formação e nas ações de educação permanente. **Descritores:** Formação Profissional; Capacitação de Recursos Humanos em Saúde; Saúde da Criança; Estratégia Saúde da Família; Enfermagem; Conhecimentos, Atitudes e Prática em Saúde.

RESUMEN

Objetivo: comprender aspectos de la práctica de cuidado y su correlación con la formación del profesional de salud que actúa en efectuar la línea de cuidado a la salud del niño en la ESF; identificar directrices relacionadas a la formación de los profesionales en el que se refiere a la línea de cuidado al niño; analizar potencialidades y limitaciones de las prácticas de cuidado de profesionales de salud frente a la línea de cuidado a la salud del niño. **Método:** estudio cualitativo, descriptivo, exploratorio. Serán realizadas entrevistas y observación no participante con enfermeros y médicos de la ESF. El análisis de los datos se hará por medio de la técnica de Análisis de Contenido en la modalidad Análisis temático. El proyecto de investigación fue aprobado por el Comité de Ética en Investigación de la Universidad Federal Fluminense, número CAAE 62136016.7.0000.5243. **Resultados esperados:** dar oportunidad reflexiones sobre los procesos de formación y sobre las prácticas en la línea de cuidado a la salud del niño en la ESF; e indicar la necesidad de incorporación de esta temática específica en la formación y en las acciones de educación permanente. **Descriptor:** Desarrollo de Personal; Capacitación de Recursos Humanos en Salud; Salud del Niño; Estrategia de Salud Familiar; Enfermería; Conocimientos, Actitudes y Práctica en Salud.

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INTRODUCTION

The Ministries of Health and Education in Brazil aimed at improving the health conditions of the population, reoriented the healthcare model of the Unified Health System (SUS), emphasizing health promotion actions in Primary Care, as well as redirecting the model of training health professionals to meet this demand.^{1,2} Thus, the Brazilian governments have prioritized public policies and programs aimed at meeting the specific needs of diverse population groups, especially children, women and the elderly people.

Based on the concerns experienced in different health care settings and the importance that the child population group has been occupying in the world and country, this study will aim to this follow-up, reflecting on aspects of the training and on the practices carried out in the ESF for the effectiveness of the childcare network, considering that there are gaps, which last for decades, between the theory worked in the training and the professional practices to this follow up.

The child's health care line is still in the process of being built, in a movement of paradigmatic change from the model centered on pathology and in the child, to a model of network construction, in favor of the inclusion of the family and the integrality of the care for this population group.³⁻⁴ In this sense, there are indications of gaps regarding this issue in vocational training that seem to limit child care actions, just as there seems to be, with respect to the child care line, frailties in the relationships organizational and administrative aspects, in the implementation of public policies and programs, in the work process, in health education actions with patients and families, and in continuing education actions.⁵⁻⁶

OBJECTIVES

- To understand aspects of care practice and its correlation with the health professional's training that acts in the implementation of the child's health care line in the FHS.

- To identify guidelines related to the training of professionals on the child care line.

- To analyze potentialities and limitations of care practices of health professionals.

METHOD

This is a descriptive and exploratory research, with a qualitative approach, to be performed by physicians and nurses who work in child care, in scenarios of Family Health Strategy in the city of Rio de Janeiro.

The study will be conducted in 2017, through a fieldwork with a semi-structured interview and non-participant observation, after signing the Informed Consent Term (TCLE). The semi-structured interview aims to give the interviewee the possibility of speaking freely, reporting experiences and presenting opinions.⁴ Non-participant observation, which allows the researcher to observe, accompany the study participants doing, trying to be placed in this place.⁷

The criteria for inclusion in the study will be medical professionals and nurses who work in the ESF specifically in a Family Clinic unit in the Senador Camará neighborhood of Rio de Janeiro, Brazil, with more than six months of child care practice, totaling a group of thirteen participants. The exclusion criteria will be on leave or on vacation during fieldwork and will not accept signing the Free and Informed Consent Form (TCLE).

The seized data will be analyzed through the Content Analysis Technique in the Thematic Analysis modality, with data grouped according to their similarities, creating central categories that express the collective thinking. Then, these data will be compared and approximated with findings from similar studies, respecting the perspective of each individual.⁸

The study will adopt all the ethical precepts contained in Resolution 466/2012. It will respect the secrecy of the participants, their anonymity, their voluntary participation and their willingness to continue the research can happen at any time, without any prejudice to it.

The research project was approved by the Research Ethics Committee of the Antônio Pedro University Hospital, Federal University of Fluminense (UFF), number CAAE 62136016.7.0000.5243.

EXPECTED RESULTS

It is expected to provide reflections on the health training processes regarding the healthcare line of the child and on the practice of ESF professionals regarding the effectiveness of this care line, and may indicate for the needs of incorporating this specific thematic both in the training of health professionals and in the actions of continuing education in the service that acted as the research scenario. Finally, it is expected that the results can be disseminated and replicated in other similar ESF scenarios.

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