BOOK REVIEW
WORK AND PLEASURE: THEORY, RESEARCH AND PRACTICE
TRABALHO E PRAZER: TEORIA, PESQUISAS E PRÁTICAS
TRABAJO Y PLACER: TEORÍA, INVESTIGACIONES Y PRÁCTICAS

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In the different areas, knowledge is dynamic and changeable, requiring constant updating of professionals who depend directly on the diffusion and availability of access to recent works. In this sense, this review deals with a work that proposes to debate the difficulties of the constitution of pleasure in the work environment, anchored in the Psychodynamics and the Work Clinic, acting in the relation between the individual and his work, seeking to explain processes of mobilization subjective and even political in the face of the real work.

The book was published in 2015 by JURUA Editora. The organizers were: Janine Kieling Monteiro, Ph.D. in Psychology from UFRGS, Professor of Psychology at UNISINOS and researcher at CNPq; Ana Magnólia Mendes, postdoctoral at the National Conservatory of Arts and Crafts (CNAM) in Paris, Social and Work Psychology Professor at the University of Brasília (UnB) and researcher at CNPq; and Fernando de Oliveira Vieira, postdoctoral at the Psychodynamic and Labor Clinic Laboratory at UnB and professor at the PPGAd - master's degree and undergraduate degree in Administration from UFF. The publication covers 263 pages divided into 11 chapters. The first 30 pages are dedicated to the presentation of the organizers, authors of the Working Group on Psychodynamics and Labor Clinics, described as WG and Summary. The last seven refer to the alphabetical index, to aid in the research of its content.

The book is based on a proposal elaborated from the XV Symposium of the ANPEPP held in 2014 in the city of Bento Gonçalves/RS, aiming to contribute to the theoretical and methodological advances of Psychodynamics and Work Clinic in the Brazilian context, showing subsidies to reflect on the mobilization subjective and political as a way to experience pleasure at work, creating conditions to resist pathogenic suffering and fighting for mental health at work.

The book was structured in three parts for a better organization of the senses: I - Pleasure, senses of work, composed of chapters 1, 2 and 3; II - Pleasure, (dis) affections and pathologies, formed by chapters 4, 5, 6 and 7; and III - Pleasure, political power, including chapters 8, 9, 10 and 11.

Chapter 1 called << Real of Work, Sublimation and Subjectivation >> discusses the importance of work for subjectivity and the articulation of these concepts for the promotion of workers' mental health. The confrontation of the reality of work through the sublimation will enable the transformation of suffering into pleasure in work.

In Chapter 2 called << Recognition and Collective Work>>, the authors work for the re-signification of suffering into pleasure through creative suffering together with practical intelligence. Thus, they address the theoretical and clinical articulations between pleasure, recognition and work groups, based on the work psychodynamics, highlighting the experiences of pleasure related to work.

The approach to contexts of precarious work is given in chapter 3. Thus, << Precarious
Work and Pleasure Experiences - a Psychodynamic View >> discusses precarious work in a historical context, reaffirming its character of social being that produces. It ends by revealing that the precariousness of the world of work is an essential condition of the labor force as a commodity.

During chapter 4 called << Work and Affection: Sociological and Psychoanalytic Perspective>>, the author reports that emotions are an important issue in the work environment, which is poorly managed by work management. Thus, work can affect life and lead to impassibility or disaffection, making the author reflect on what is tolerable or unbearable at work.

In chapter 5 called << Organizational Discourse, Control, Seduction, and Violence >>, the authors discuss the modes of production of subjectivities, bringing a critique of the new relations and contexts of work and capital. The recognition and conquest of space in the organization reveal an alienated pleasure, instrumented by the seductive organizational practices. However, they reinforce that the emancipation of the subject is a primordial condition for psychic health.

When approaching the situations of psychological violence experienced by workers in chapter 6 called << Violence and Banalization of Suffering at Work >>, their authors propose to discuss the changes in the world of work in the last decades and their effects on the health of workers, reflecting how to work increasing psychic illness. For this, they rely on the Psychodynamics of Work when affirming that there is no neutrality in the work when it will produce suffering not producing recognition and illness to a greater degree.

The authors of chapter 7 discuss the existence of four categories of contemporary pathologies, which would be post-traumatic pathologies; resulting from harassment at work; the attempts of suicide or suicide, in fact, related to the work situations; and Workplace Overload Pathologies, such as LER/DORT and Burnout. On the Burnout, they are characterized by sickness in the face of excess demands at work, related to the way the work is organized. Also, the chapter reveals the strategies workers use to deny suffering.

In the last part of the book, the chapters show possibilities of mobilization and resignification of the suffering, contributing to the obtaining of pleasure in the work. Chapter 8 called << The Search for Subversion of Suffering in Pleasure at Work: Research at the Court of Justice of Amazonas (TJAM) >> makes a meta-synthesis of three research carried out in this environment with different groups of workers. After the theoretical foundation, based on the understanding of the subversion process of suffering in pleasure, the authors show the work structure of the TJAM and the method of application of the Work Clinic, concluding that it aids in the health search process and offers resources for the change of work organization.

In chapter 9 called << Subjective Strategies for Confronting Suffering at Work>>, the author focuses on the relationship between subject, work, and the social world, integrating work psychodynamics and work sociology, bringing together objective and subjective experiences of work, contributing to the understanding of the mechanisms imposed by the new management model applied, based on goals, productivity and control systems.

In Chapter 10 called << Recognition and Resignation of Suffering in Teaching Work >>, the authors deal with the experiences of two federal institutions of higher education, investigating the intersubjective processes mobilized by the teacher and analyzing coping strategies. It is noticed that the appreciation of the freedom and autonomy of the teacher can be part of this process of alienation.

Finally, in chapter 11 << Ethical Suffering and (In) Dignity in Bank Work: Clinical Analysis and Psychosocial Risks >>, the authors discuss the impact of the changes of the last 30 years from the productive and economic restructuring in Brazil. Thus, they approach from the demand to the understanding of the current situation to the indication of new forms of suffering within the scope of banking work.

The study of work relations and pleasure has been expanded in the research centers of worker health, either in its theoretical aspect (by universities) or in the practice areas (such as hospitals, companies, and industries). Thus, it is necessary that new literature be implemented to support decisions to frame this theme that aim at the best work practices combined with pleasure at work.

The discussion of Pleasure in Work is fundamental for the constitution of the subject, being able to produce subjective and political mobilization. It is a literature that will bring an exceptional gain to researchers based on Work Psychodynamics and should be considered as driving force to go deeper ways in mental health at work.

This work is recommended for those who wish to start their research in the approach to
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Work Psychodynamics and in the Work Clinic, in addition to experienced professionals and researchers from the most diverse areas, with emphasis on Psychology, Nursing, Sociology and Human Resources that seek to maintain updated with the research developed in Brazil within this theme.

REFERENCE