EDITORIAL

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IMPLICATIONS OF STRESS FACTORS BETWEEN HOMOSEXUAL YOUNG PEOPLE IN THE UNIVERSITY ENVIRONMENT

Stress is considered one of the triggers of health imbalances and can turn them into disabling even lethal diseases, therefore, stress arises from a state in which the individual apprehends stimuli capable of overcoming systemic psychological and physiological changes. Such changes can occur partially or completely in the face of discontent, excitement, intimidation, among others. Thus, everyday situations can be configured as a stressor - stressful life events, major or minor stress events.

The origin of stress is multivariate and can be classified as external and internal. In this sense, the scenario of universities, a stressor source of external cause, constituted by a heterogeneity of beliefs, cultures and values that predominate the so-called correct and normocentric, and therefore exerts social influence that determines the way of being and being in the world. Thus, the student who expresses sexuality against hegemonic becomes a vulnerable target to the situations of tensions of prejudice and stigmatization.

When we think about the close relationship between the academic environment and homosexuality, we can see that this relationship, although present more explicitly today, is still considered a theme permeated by discriminations and banalistic heterosexual visions, a situation that positions the students who are assume homosexuals as the target of persecution, generating several points that trigger stressors that may potentially affect these students. Thus, it is believed that such a situation can be transformed from new social attitudes when carrying out health education interventions that address the affective-sexual diversity, minimizing or eliminating the stressors and restoring the balance of the individual's system.

REFERENCES

Implications of stress factors between homosexual young...