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NOTE PREVIEW ARTICLE

NURSE TRAINING FOR ACTING IN BASIC CARE: PERCEPTION OF THE STUDENTS OF A PUBLIC INSTITUTION

FORMAÇÃO DO ENFERMEIRO PARA ATUAR NA ATENÇÃO BÁSICA: PERCEPÇÃO DOS DISCENTES DE UMA INSTITUIÇÃO PÚBLICA

FORMACIÓN DEL ENFERMERO PARA ACTUAR EN LA ATENCIÓN BÁSICA: PERCEPCIÓN DE LOS DISCENTES DE UNA INSTITUCIÓN PÚBLICA

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ABSTRACT

Objective: to analyze the perception of Nursing students about their training to work in Basic Care/Family Health Strategy (BC/FHS). **Method:** a qualitative study to be developed with undergraduate nursing students from the Federal University of Alagoas / FUAL, in compulsory curricular training at the Basic Health Units. The semi-structured interview will be used to collect the data. The data analysis will be through the Content Analysis technique, anchored in the critical pedagogy of Paulo Freire and in the scientific literature. The research project was approved by the Research Ethics Committee (CAAE 65674517.5.0000.5013). **Expected results:** to contribute to the reflection and production of debates that favor the elaboration of pedagogical projects of undergraduate courses in Nursing that focus on the preparation of nurses to work in BC/FHS. **Descriptors:** Nursing; Education, Nursing; Primary Health Care; Staff Development; Family Health Strategy.

RESUMO

Objetivo: analisar a percepção dos discentes de Enfermagem sobre a sua formação para atuar na Atenção Básica/Estratégia Saúde da Família (AB/ESF). **Método:** estudo qualitativo a ser desenvolvido com os discentes do curso de graduação em Enfermagem, da Universidade Federal de Alagoas/UFAL, em estágio curricular obrigatório nas Unidades Básicas de Saúde. Para a coleta dos dados, será utilizada a entrevista semiestruturada. A análise dos dados será por meio da técnica de Análise de Conteúdo, ancorada na pedagogia crítica de Paulo Freire e na literatura científica. O projeto de pesquisa foi aprovado pelo Comitê de Ética em Pesquisa (CAAE 65674517.5.0000.5013). **Resultados esperados:** contribuir para a reflexão e produção de debates que favoreçam a elaboração de projetos pedagógicos de cursos de graduação em Enfermagem que foquem no preparo de enfermeiros para atuar na AB/ESF. **Descritores:** Enfermagem; Educação em Enfermagem; Atenção Primária à Saúde; Formação de Recursos Humanos; Estratégia Saúde da Família.

RESUMEN

Objetivo: analizar la percepción de los discentes de Enfermería sobre su formación para actuar en la Atención Básica / Estrategia Salud de la Familia (AB / ESF). **Método:** estudio cualitativo a ser desarrollado los discentes del curso de graduación en Enfermería, de la Universidad Federal de Alagoas / UFAL, en etapa curricular obligatoria en las Unidades Básicas de Salud. Para la recolección de los datos, se utilizará la entrevista semiestructurada. El análisis de los datos será por medio de la técnica de Análisis de Contenido, anclada en la pedagogía crítica de Paulo Freire y en la literatura científica. El proyecto de investigación fue aprobado por el Comité de Ética en Investigación (CAAE 65674517.5.0000.5013). **Resultados esperados:** contribuir para la reflexión y producción de debates que favorezcan la elaboración de proyectos pedagógicos de cursos de graduación en Enfermería que se centren en la preparación de enfermeros para actuar en la AB / ESF. **Descriptores:** Enfermería; Educación en Enfermería; Atención Primaria de Salud; Desarrollo de Personal; Estrategia de Salud Familiar.

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INTRODUCTION

The Unified Health System (UHS) is an achievement of the Brazilian social and health movements whose purpose was to transform the healthcare model centered on hospital-centered logic into a model of integral care.¹⁻² The UHS is responsible for the health care of millions of Brazilians, working in the three levels of health care: Basic Care (BC), Medium and High Complexity.

The initiatives of the Ministry of Health, aimed at reorienting the training of health professionals to work in Primary Care, have implications for the coverage of the Family Health Strategy (FHS) and the increase in the resolution of health care in the UHS.³ In this scenario, both health professionals and managers and users consider that nurses' performance is indispensable and, when services are coordinated by them, a better performance is observed.⁴

The National Primary Care Policy focuses on BC being the "preferred contact of users with health systems" and points out common and specific attributions of the members of the teams that compose BC. In the specific duties of the nurse, the following functions stand out: Assistance, in which nurses perform health care activities for individuals and families at home or in community spaces; conducting consultations with requests for examinations, prescription of medications and referrals, as recommended, and various procedures; Administrative, in which the nurse performs activities of planning, management and evaluation of the actions developed by the Nursing and Community Health Agents team and also the observance of the proper functioning of the health unit, through the management of the inputs; Educational, in which they contribute, participate and carry out activities of health education and permanent education of the Nursing team and other members of the team.⁵

The nurse's role in BC goes beyond the technical-assistentialist or scientific knowledge, permeating practices of interrelation with the team and with the community.⁶⁻⁷ Nurses can be seen as the implementers and the main stimulators/multipliers of actions directed at collective health, especially in the FHS.⁸ In its attribution as an educator, the nurse can act in the promotion of health and prevention of diseases, contributing, in this way, to the improvement of the quality of life, being prepared to face problems and respond to the multiple demands of the users.⁹

The qualification of the services that compose the Brazilian health system is a challenge, especially in the scope of Basic Care, which is directly influenced by the training process of health professionals.¹⁰⁻¹ It is up to the UHS to order the formation of human resources in the area of health, advocating a system of training at all levels of education. Public services that integrate the UHS should be fields of practice, teaching and research, through specific norms, elaborated in conjunction with the educational system.^{10,12}

In this context, the National Curricular Guidelines of the Undergraduate Nursing Course (NCG/ NUR) recommend a general education, with professionals focused on the integrality of health care, able to work in teams, who intervene in the health-disease process with actions of promotion of health, prevention of diseases and injuries, and recovery of health, providing greater resolution to social health problems. The NCG/NUR, therefore, guide the construction of the Pedagogical Projects, advocating the acquisition of general and specific skills that seek to bring the professional future closer to the reality of public health services, with a view to strengthening UHS.¹³⁻⁴

Nursing was the first category of health to progress in the discussion about professional training to work in the UHS, especially, from the National Seminars on the Curriculum Guidelines for Nursing Education (NSCGNE),¹⁵ of which proposals emerged for changes in training of the nurse, with a focus on the health system, emphasizing the practices of promotion and prevention.⁴

In this sense, it is important to know how professionals are being prepared to meet the multidimensional health/disease needs of the population. This understanding may provide support for the development of scientific studies that may contribute to changes in educational and professional practices.

OBJECTIVE

- To analyze the perception of Nursing students about their training to work in Primary Care / Family Health Strategy.

METHOD

Research proposal presented to the Post-graduate Program in Nursing at the Federal University of Alagoas / FUAL, at master's level. A qualitative study, anchored in Freire's critical pedagogy and in scientific literature. The scenario will be the undergraduate course in Nursing of the School of Nursing and

Pharmacy / SNP/FUAL in the municipality of Maceió, Alagoas, Brazil.

The subjects of the study will be the undergraduate students in Nursing at FUAL who are performing a mandatory curricular internship in Basic Health Units (BHU). Because it is a qualitative research, there is no concern with the number of participants, but with their representativeness. Thus, the number of participants will be defined by the saturation criterion.

The inclusion criteria are: students of both sexes, enrolled in the tenth period and who are completing a compulsory curricular traineeship at BHU. Exclusion criteria: students enrolled in the tenth period and who are away for medical leave or any other reason that prevents their participation.

Data collection will take place in the second half of 2017 and will be done through a semi-structured interview that will have a form with data, characterizing the subjects and guiding questions that reflect the research objective and question. The interviews will be recorded and transcribed in full for later analysis, which will be done through Content Analysis, in the Thematic Analysis modality. Once analyzed, the data will be archived and will remain under the custody of one of the researchers for the period defined in the legislation.

The subjects of the study will be recruited from the list of students provided by the coordination of the SNP/FUAL Nursing course. Students who meet the inclusion criteria will be contacted and invited to participate in the study. Once they agree to participate, they will receive from the researchers all information about the research and will sign the Free and Informed Consent Form (FICT). They will also be informed of the guarantee of secrecy and anonymity and that they may withdraw from the research when they agree.

The study closely followed the ethical principles proposed in Resolution No. 466 of December 12, 2012, of the National Health Council (NHC). It was submitted to the Research Ethics Committee / National Commission for Research Ethics (REC/NCRE), through the Brazil Platform, and was approved by the Research Ethics Committee of FUAL under CAAE 62266316.3.0000.5013.

EXPECTED RESULTS

To contribute to the reflection and the production of debates that favor the elaboration of pedagogical projects of graduation courses in Nursing that focus on the preparation of nurses to work in BC/FHS.

It also intends to generate new knowledge, in a critical perspective on the training of nurses, based on the health needs of the population and the strengthening of the UHS. The study offers a high possibility of contributing to the qualification of nurses training and, it is hoped, to stimulate new research in this area, in order to contribute to the accumulation and advancement of knowledge in the area.

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