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BOOK REVIEW

CHILD AND ADOLESCENT WITH DISABILITY: FAMILY NURSING INTERVENTION PROGRAM

CRIANÇA E ADOLESCENTE COM DEFICIÊNCIA: PROGRAMA DE INTERVENÇÃO DE ENFERMAGEM COM FAMÍLIA

NIÑOS Y ADOLESCENTES CON DEFICIENCIA: PROGRAMA DE INTERVENCIÓN DE ENFERMERÍA CON LA FAMILIA

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The book << Child and Adolescent with Disability: Family Nursing Intervention Program>> is authored by nurses Maria Angélica Marcheti and Myriam Aparecida Mandetta, both Nursing Professors, one from the Federal University of Mato Grosso do Sul and another from the Federal University of São Paulo.

The content addresses the role of family nursing in the perspective of children and adolescents with disabilities to improve clinical knowledge and care skills, with an emphasis on intervention in families having this type of peculiarity, as well as showing a new look on the theme.

Published in 2016, first edition, with 120 pages, the work is divided into two parts. In the first part, there is "The family in the context of the deficiency of the child and the adolescent" with three chapters. In the second, there is the "Intervention with the family" with six chapters. The book as a whole exposes about nursing intervention with families that have children and adolescents with disabilities, starting with the concepts and bringing the family as the center of Nursing Care.

Chapter 1 of Part One called "Historical and Conceptual Assumptions of Family Care" addresses fundamental concepts for family consultation, presenting a basic summary of the history of family nursing, and the

importance of knowing how this family cares, identifying its strengths, challenges, and difficulties.

Chapter 2 called "Family Experience in the Context of Child and Adolescent Disability" focuses on the diagnosis of disability and its repercussions on the family, the coexistence and family challenges with the child and adolescent with disabilities, the family context of the disability and the family in the care provided by the health team.

Chapter 3 called "Suffering Hypothesis of the Family of Children with Disabilities" discusses the issues of suffering from prolonged adversity and how it interferes with family relationships and daily life, generating a tension by attempting to resist the situation and how the nurse of the family can help address this problem in the caring process.

In the second part of the book called "Intervention with family", the approach focuses on the cognitive, affective and behavioral aspects of the intervention of nurses in the family. In its Chapter 1 called "Intervention Program with Family in the Context of Mental Disabilities", the conceptual basis for the elaboration and conduction of the Family Intervention Program in the Context of Mental Deficiency (PIFCDM) and the way in which care and interventions with the family are carried out, including theoretical frameworks of PIFCDM, program

Souza TCF, Oliveira MFV de, Carvalho JN.

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dynamics and how to lead intervention with family.

Chapter 2 called “Interventions with families of children and adolescents with disabilities” discusses interventions that can promote resilience, such as listening, encouraging, counseling, and giving information to the family.

Chapter 3 called “Record of family interviews” focuses on how to properly document the interviews to ensure the recording and follow-up of family advances and proposed interventions.

Chapter 4 called “Strategies for family support in health institutions and rehabilitation of children with disabilities” presents the strategies that a nurse should propose as viable interventions for the family, in the context of a child's mental improving and/or redeeming family functionality and strengthen resilience.

Chapter V called “Presentation of Therapeutic Letters sent to a family served in the PIFCDM” shows the therapeutic letters sent to a family participant of the Program to strengthen the therapeutic bond and to witness the changes that had been taking place through it. These letters are also for the family to reflect their family interactions, beliefs, actions and reactions, prolonged stress resistance, and openness to new dialogues.

Finally, chapter 6 called “Interview Report and Intervention with a Family in PIFCDM” emphasizes on the interview, use of genogram and ecomap, identification of the interactions and symbolic definitions of the family interviewed, as well as the ten interventions used. As an annex to this chapter, the model sheet “Family records used in PIFCDM” and “Family records progress sheet”, both taken from the doctoral thesis of the author Maria Angélica Marcheti, are presented.

The book exposes interviews with the family units, contributing to the use of the model for clinical practice, increasing scientific production in the area of family nursing, as well as serving as a knowledge base of concepts and practices for students, nurses and other health professionals who want to work in this area to help families cope with the situation of the prolonged routine and coexistence of children and adolescents with disabilities.

With a view to covering the care of families as a care unit, students, nurses and teachers find an instrument rich in reflections, guidelines and valid instructions for the family-centered approach in this work in view

of the Ministry of Health Policy regarding the Care Networks (RAS), which emphasizes the importance of primary care in the Family Health Strategy.

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