



ARTICLE INTEGRATIVE REVIEW

SCIENTIFIC PRODUCTION ABOUT THE THEORY OF HUMANISTIC NURSING:
INTEGRATIVE REVIEWPRODUÇÃO CIENTÍFICA SOBRE A TEORIA HUMANÍSTICA DE ENFERMAGEM: REVISÃO
INTEGRATIVAPRODUCCIÓN CIENTÍFICA SOBRE LA TEORÍA HUMANÍSTICA DE ENFERMERÍA: REVISIÓN
INTEGRADORA

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ABSTRACT

Objective: to characterize publications regarding the Theory of Humanistic Nursing in journals online. **Method:** an integrative review guided by the questions << *What is the characterization of available publications of online journals about Nursing Humanistic Theory in the period of 2006-2010?* >> << *What is the contribution of the scientific literature on the Theory to the practice of nursing care?* >> in the database Lilacs and BDENF and in the virtual library SciELO, with the selection of 23 publications. **Results:** due to the characterization of publications, 2006 was the year in which there were a greater number of published articles, most are inserted into the mode original article and the principal authors of the productions are represented mostly by nursing teachers of postsecondary institutions. **Conclusion:** publications about the Theory are necessary to support the scientific strengthening and bringing theory closer to the practice, and in order to strengthen the humanized nursing care. **Descriptors:** Nursing; Nursing Theory; Nursing Research; Nursing Care.

RESUMO

Objetivo: caracterizar publicações a respeito da Teoria Humanística de Enfermagem em periódicos online. **Método:** revisão integrativa norteada pelas questões << *Qual a caracterização das publicações disponibilizadas em periódicos online de Enfermagem sobre a Teoria Humanística no período de 2006 a 2010?* >> << *Qual a contribuição da produção científica sobre a Teoria para a prática do cuidado em enfermagem?* >> nas bases de dados Lilacs e BDENF e na biblioteca virtual Scielo, com a seleção de 23 publicações. **Resultados:** quanto à caracterização das publicações, 2006 foi o ano em que houve um maior número de artigos publicados, a maioria está inserida na modalidade artigo original e os autores principais das produções são representados em sua maioria por enfermeiros docentes de instituições de nível superior. **Conclusão:** as publicações sobre a Teoria são necessárias para embasar o fortalecimento científico e para aproximar a teoria da prática, e como forma de fortalecer o cuidado humanizado em enfermagem. **Descritores:** Enfermagem; Teoria de Enfermagem; Pesquisa em Enfermagem; Cuidados de Enfermagem.

RESUMEN

Objetivo: caracterizar las publicaciones relativas a la Teoría de Enfermería Humanística en revistas online. **Método:** revisión integradora guiada por las preguntas << *¿Cuál es la caracterización de las publicaciones disponibles en revistas online de Enfermería sobre la Teoría Humanística en el período de 2006-2010?* >> << *¿Cuál es la contribución de la literatura científica sobre la Teoría para la práctica de los cuidados de enfermería?* >> en las bases de datos Lilacs y BDENF y en la biblioteca virtual SciELO, con la selección de 23 publicaciones. **Resultados:** cuanto a la caracterización de las publicaciones, 2006 fue el año en el que hubo un mayor número de artículos publicados, la mayoría se inserta en el modo de artículo original y los principales autores de las producciones están representados en su mayoría por profesores de enfermería de instituciones de educación superior. **Conclusión:** las publicaciones sobre la Teoría son necesarias para apoyar el fortalecimiento científico y llevar la teoría a la práctica, con el fin de fortalecer el cuidado humanizado en enfermería. **Descriptor:** Enfermería; Teoría de Enfermería; Investigación en Enfermería; Cuidados de Enfermería.

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INTRODUÇÃO

Nursing, throughout the ages, has sought to establish itself as a science. In this perspective, theories have been developed that seek to justify and support nursing practice within the care, teaching and research, in order to provide a better quality of life for the individual, family and community. Theories express "a creative and rigorous structure of ideas that project a try, a proposal solving and a systematic overview of the phenomenon"^{1:83} and contribute to "form a reasoned basis for the practice, to assist and explain their approaches."^{2:433}

In the field of nursing, as tools for nursing practice, theories provide the scientific knowledge of the profession by emphasizing the health-disease process and therapeutic care, which promotes caring attitudes that constitute the phenomenon of Nursing.²

For nurses, it is important to understand the theories and their applicability and its importance, especially for the process of human care, justifying the interest, such as nurses and researchers in the field of care, to conduct a study that addresses the Humanistic Nursing Theory of Paterson and Zderad, since the focus of this theory is the appreciation of the existential experience of the human being and the transactional relationship between the professional and the patient by examining the values that underlie the practice.

This theory highlights the importance of being-with, in care practice, and emphasizes the Nursing as an existential experience a lively dialogue that emerges through the establishment of an intersubjective relationship with all human potentials and limitations of each single participant. According to this theory, the nurse and the patient, open and relational beings, should establish interdependence as direct actors in the disease process, while they are independent, because each is the originator of acts and human responses.³

In humanistic theory, the answer to the care and development of well-being and being- best in particular situations and in the nurse/patient is within a unique context (environment), where time and space have a direct relationship with the answers proposed, based on human attitudes, such as respect and fellowship. Therefore, the Humanistic Nursing seeks to promote an inter-human, involving the professional nursing and patient, with the aim of promoting, in addition to well-being, being- better, as a determinant of health, who experiences the process of hospitalization.³ Thus, it is undeniable

relevance of research that seeks to disseminate knowledge produced by nurse researchers about the Humanistic Theory and its application in the practice of nursing.

Given the above, the present study some of the following questions: What is the characterization of available publications in journals about online Nursing Humanistic Theory in the period 2006-2010? What is the contribution of the scientific literature on the humanistic theory to practice care in nursing?

To answer these questions, the study aims to:

- characterize publications about the Humanistic Theory available in online nursing journals in the period 2006-2010
- summarize the contribution of the scientific literature on the theory referred to the practice of nursing care.

METHODOLOGY

Integrative review that, for its effectiveness, we considered the following methodological steps: identifying the topic or research question, conducting the research literature relevant or sampling; definition of the information to be extracted from the selected studies, assessment of the selected studies, and interpretation of results and presentation of research results.⁴⁻⁵

The first step, considering being a study in the form of a literature review, should be guided by a question or hypothesis, thus the present study was guided by the following questions: << ***What is the characterization of scientific production that involves the Humanistic Theory for a humanized practice in Nursing?*** >> << ***What is the contribution of the scientific literature about the Humanistic Theory to practice care in nursing?*** >>

In the second step, to survey the publications on the theme proposed for conducting this research, we surveyed the Virtual Health Library (VHL), the following databases: Latin American Literature Latin American and Caribbean Center on Health Sciences (LILACS), Base Brazilian Nursing-BDEnf and virtual library Scientific Electronic library Online (SciELO). To identify published studies about the Humanistic Theory available in online nursing journals were employed descriptors: Humanistic Theory, Paterson and Zderad and Humanistic Nursing. This survey totaled 34 publications about the Humanistic Nursing Theory.

Then we made a careful screening of all the literature considered relevant to the proposed objectives for the study. To select

the sample, we adopted the following criteria: the publications on humanistic nursing theory were made available in full, in Portuguese, in the period from 2006 to 2010, and found 23 articles.⁶⁻²⁸ Data collection took place throughout the month of June 2011.

In the third stage has begun the procedure for identifying information relevant to the objectives of the proposed study, from the publications included in the sample. To make it viable, we designed a roadmap for researchers with information relevant to the objectives proposed for the research, as the article title, publication year, journal Nursing in which the study was published, the published, lead author and topic to insert snippets of completion/final considerations of the articles investigated.

The material compiled enabled the characterization of publications entered in the study, and a summary of the contribution of the scientific literature on the humanistic theory to practice in nursing care.

In the fourth step, the material obtained from the characterization of the studies included in the research were gathered and analyzed quantitatively by frequency and percentage and presented descriptively and through graphical representation. While data related to the synthesis of the contribution of the scientific literature on the theory that were qualitatively analyzed using the technique of content analysis proposed by Bardin²⁹, from the following steps: Pre-analysis, material exploration, processing and interpretation of results. From the analysis it

was possible to construct two categories, namely:

- ♦ Application of the concepts of Humanistic Theory in the field of healthcare and research in Nursing
- ♦ Application of the Humanistic Theory to care practice in Pediatric Nursing.

These categories are presented in tables and analyzed in the light of relevant literature to the topic under study

RESULTS

Through the analysis of 23 selected articles⁶⁻²⁸, we observed that the scientific production that involves the Humanistic Theory, in 2006, corresponded to the period in which there was the greatest number (8-34%) of scientific articles published on the topic investigated, followed by the year 2007 (from 5 to 21,7%) and 2008 (from 6 to 26,1%). 2009 (from 2 to 8,7%) to 2010 (2 to 8,7%), there was a decrease in these publications.

It is worth emphasizing that the greatest number of productions in 2006 may be related to the proposal and the need for the NHS to adopt a policy of humanization cross, from 2004, with an emphasis on comprehensive care, welcoming and holistic, which raises and studies research in order to find strategies that ensure its implementation.

Regarding the quantity of publications about the humanistic theory, according Nursing journals selected for the studies, we highlight important Brazilian magazines, as provided in Table 1.

Table 1. Periodic distribution according to the number of publications about the Humanistic Theory-period: 2004-2010.

Periodics	Articles	Percentage
Revista de Enfermagem da Escola Anna Nery	5	23,0
Revista Latino-americana de Enfermagem	3	13,0
Revista da Escola de Enfermagem da USP	3	13,0
Revista Eletrônica de Enfermagem	3	13,0
Revista de Enfermagem da UERJ	2	9,0
Revista da Rede de Enfermagem do Nordeste	2	9,0
Acta Paulista de Enfermagem	1	4,0
Revista Brasileira de Enfermagem	1	4,0
Revista Gaúcha de Enfermagem	1	4,0
Ciencia y Enfermeria	1	4,0
Online Brazilian Journal of Nursing	1	4,0
Total	23	100,0

The modalities of publications entered in the study, we note that, of the 23 articles⁶⁻²⁸ selected for the study, 17 (69,6%) are unique, which shows the concern of researchers in Nursing contribute original studies dealing Humanistic Nursing. Modality theoretical study, obtained a quantitative (3 to 13,0%) papers, in the model experience reports and research reports, (1 to 4,3%) each, and in relation to mode of study reflective and update article (1 to 4,3%) each, which means a decrease in publications embodied in

discussions regarding the theoretical aspects of nursing care, in order to contribute to its improvement.

In the original studies, which corresponded to human research, noticed a striking presence and relatives, represented primarily by parents of children involved in the studies and nursing professionals, especially nurses. This meets the humanistic theory which assumes that recognizes nursing as a “dialogue that involves human beings willing to enter an existential relationship with one another”.^{6:175}

With regard to the principal authors, this category is significantly represented by nursing teachers of institutions of higher education, which emphasizes the role of the Academy in producing knowledge. However, the choice of a particular thematic part has also a particular interest for the researcher.

This demonstrates the humanistic theory as a focus of interest for researchers of nursing.

It is noteworthy that, both in the field and in the care of nursing research in the humanistic theory have been used to enhance the care geared to meet the needs of the patient, as explicit in Figure 1:

Title	Conclusion/Final considerations
Production of knowledge about nursing theories: periodic analysis of the area, 1998-2007 ⁷	It is believed that this investigation has allowed giving visibility to such themes, as well as identifies some of the characteristics and trends of the accumulated knowledge concerning nursing theories, on the Brazilian reality.
Nursing references and the production of scientific knowledge ⁸	It is considered necessary to assess the guidelines of academic programs that are strengthening the scientific basis in other benchmarks guiding scientific production, hindering visibility of the profession and the enhancement of nursing theories as a means of strengthening the care.
Application of Humanistic theory concepts in a burn unit ⁹	Across health unit, generally speaking, and in a burn unit, in particular, the humanization of assistance is indispensable for understanding the suffering experienced by these patients, motivated, especially, by unbearable pain.
Interpersonal relations in the actions of caring in hospital technology environment ¹⁰	The applicability of humanistic concepts in complex environments and high technological tools as the Pediatric Cardiac intensive care unit modifies beings and does the construction of affective links and accountability about the actions of health practices.
The power of human loving care in nursing ¹¹	The final reflection indicates that nurses are included within the technical-scientific paradigm of modernity and that patients expect to be cared for by nurses.
Theory of Paterson and Zderad: nursing care critical customer sustained dialogue lived ¹² .	It is considered that the use of dialogue lived this transformation, favors because it involves a change of values, making the ICU an environment both rational and affective.
Communication between nursing and customers unable to verbal communication ¹³	The study about the communicational process revealed the need to expand the approach about customer care unable to verbal communication, involving mainly the preparation of the team for the interpersonal relationship and Dialogic.
The daily lives of families who live with HIV: a case studies ¹⁴	We can say that the application of the principles of the theory of Paterson and Zderad provided confirmation that the family comes to be better by the presence of the interaction, dialogue.
Humanistic theory concepts in obstetric care ¹⁵	It is considered that the relationship of these concepts in obstetric nursing, provides between nurse and mother an interaction between both and the valuation of be careful.
Post-test counseling for HIV: analysis in the light of a humanistic nursing theory ¹⁶	It was noted that assistance to pregnant women did not reach the relationship I-YOU, i.e. the subject-subject, then correlate with the presence of genuine dialogue, prevailed the relationship I-IT. The consultations were purely mechanical and rapid, leading these professionals, at certain times, to flee a humanized assistance.

Figure 1: application of Humanistic Theory concepts in assistive and field research in the area of nursing. Category 1. Period 2004-2010.

As for the studies concerning the application of the humanistic theory to practice care in Pediatric Nursing, noted the importance of studies that support the healthcare practice of Pediatric Nursing, with emphasis on human care. Such studies express

that mothers who experience the hospitalization of his son represent a subsidy so that we can deepen our knowledge about this theory in the context of nursing care, according shown in Figure 2.

Title	Conclusion/Final considerations
Dialogue as assumption on Humanistic nursing Theory: relationship mother-newborn nurse ⁶	As we can see, the assumption in dialogue relationship mother-nurse and newborn meets the philosophical point of view of theory, manifesting itself in singular form and explicit through the experiences
Existential experience of mothers of children hospitalized in the pediatric intensive care unit ¹⁷	The present study highlights the complexity of an approach focused on mothers and subsidizes a new look at the scope of assistance, education and research in nursing.
Nursing humanistic care: proposal of intervention for the mother of the neonate under phototherapy ¹⁸	Nursing interventions involved the pursuit of genuine dialogue between nurse and the mother-child dyad, application of illustrated panels on the history and treatment under phototherapy and the formation of groups of health meeting.
Dialogue lived between nurse and mothers of children with cancer. ¹⁹	The intuitive and scientifically lived dialogue allowed the mothers receive care that promote their well-being and be better in the situation experienced with their children. Also enabled the reflection, conceptualization and description of a phenomenon which revealed the be-with and the do-with of the nurse in a humanistic relationship with mothers of children with cancer.
The discourse and practice of careful risk newborn: reflecting on the humanized attention ²⁰	It is concluded that humanized care of high-risk babies, it is imperative that the communion of the speech with the practice.
The interaction nurse-newborn during practice of orotracheal suction and blood collection ²¹	Learn to rethink our values, our professional performance because we participate and were reflected in this care, revealed by the Humanistic Theory by Paterson and Zderad (9) and that can be practiced in the everyday life of the Neonatal Intensive Care Unit, valuing the human affective relationship.
The dialogical relationship permeating the nursing care in Pediatric Cardiac INTENSIVE CARE UNIT ²²	The action of caring is unique and individual. However, there is involvement of people in a dialogical relationship to swap, share in a two-way movement of give and take. Only in this way it is possible to make the practice of humanistic nursing, effective and decisive.
Existence of children with AIDS: prospects for nursing care ²³	It was concluded that, in the genuine encounter Nursing care, is essential to understanding the existence of this child and his family as the unit of care, glimpsing the be-best in intersubjective relationships of presence and respect.
The intersubjective relationship between the nurse and the child with pain in the postoperative phase in the Act of caring ²⁴	Appears to be sensitive to the suffering of another, do-if present, listening, playing, relate, in the context of approximation requires understanding the subjective aspects of the child, the way he reacts physically and emotionally the suffering that gives you pain.
Humanistic nursing: contribution to the development of the nurse in the neonatal unit ²⁵	The study reaches an understanding nurse about the meaning of your experience, your be-better to take care of the NB in NIU, the development of self-awareness, understanding of the other, [...]of your emotions, your knowledge and your vocation - caregiving.
Exist of children with AIDS support institution: understandings in light of humanistic nursing ²⁶	Signals the importance of the inclusion of the topic in education on awareness of health professionals for humanistic care and managers to develop specific policies to that segment.
The coexistence of the family with the bearer of Down syndrome in the light of the Humanistic Theory ²⁷	We apprehend that the attempt by the parents in lessening the differences can minimize prejudices imposed by society had enough relevance.
Family care of children in situations of sexual abuse based on Humanistic Theory ²⁸	It is concluded that the theory allows you to capture the subject's needs and helps to meet the demands generated by the experience of domestic sexual abuse. Caregivers must be targeted to the attention of health professionals.

Figure 2. Application of Humanistic Theory to the practice of nursing in pediatric nursing. Category 2. Period 2004-2010.

To more fully understand the application of Humanistic Nursing Theory in Nursing care practice, publications entered in the study were classified into two categories: Application of the concepts of Humanistic Theory in the field of healthcare and research in Nursing Theory and Application for the practice of humanistic care in Pediatric Nursing, which will be discussed below.

DISCUSSION

The Humanistic Nursing Theory is a tool of great importance for the construction of new knowledge, which aims to support the nursing care in the theoretical and practical study, raises careful evaluation guidelines for academic programs that nursing can be consistent with the Nursing Theories, since they allude directly to how care is strengthened.⁷⁻⁸

The Humanistic Nursing Theory can contribute to humanizing effect on health

services, given that emphasizes the value of being with professional practice, knowledge expressed through concepts that converge to the continuous process of seeking and recognizing human limitations, considering also the technical-scientific paradigm of modernity to the art of human caring. In this approach, the humanistic nursing theory is seen in the human context, as a comforting response from one person to another in a time of need, in order to develop your wellbeing and your is-better.³

Studies highlight that, in relation to the care provided to critically ill patients, such as the Burns Unit and the Intensive Care Unit, the practice of humanistic theory is conceived emphasizing the importance of interpersonal relationships in the practice of nursing is transformed and passes to be integral to patient.⁹⁻¹² This transformation represents a scenario where the value and meaning of human life are the heart of the actions of

educational practices and health care in this environment, both rationally as affective.

According to the theory, the relationship between the caregiver and the cared presents a lively dialogue and interact as active process, even when the patient is unable to communicate verbally. This fact was observed in studies that express the communication process as a strategy that extends the approach on patient care, in a process involving the preparation of the healthcare team and the patient's family to interpersonal and dialogical relationship, especially when it living with HIV.¹³⁻⁴ Inserted in the process of care, the principles of the theory provide the family involvement through interaction and dialogue.

In one of the studies analyzed, there was a review of the application of the concepts of humanistic theory, provided that there was between the nurse and patient interaction and valuing care.¹⁵ In another study¹⁶, patient care has not reached the YOU - I relationship, ie between subject-subject, with the presence of genuine dialogue Prevailed I - THIS relationship, subject-object, leading professionals, at times, to flee humanized care.

The I - YOU, described by Buber, is a congruence of beings, in which individuality is recognized and can only be experienced the human being in its entirety, since the meeting, the presence and proximity unite beings.³⁰ Thus, there is an inter - human relationship, a meeting between the caregiver and the cared for, and this enables the authentic presence with the SELF, in which each participant in the process becomes more. Therefore, the relation I - YOU permits the construction of nursing knowledge through man's ability to interpret, categorize and add to scientific knowledge.³ This construction is necessary to apply the humanistic theory, aiming at nursing care.

Another issue to be considered in this category shows that the basis of the whole process of human interaction is communication, one of the most significant human action, by contributing to excellence in nursing care, which allows substantially the relationship between nurse and patient, assisting in troubleshooting physical, mental, emotional and spiritual.³¹ Communication is an important factor for the health care, whether verbal or nonverbal, specifically for mothers of hospitalized children. In this light, we note that studies⁷⁻¹⁷⁻²¹ spoke about the importance of dialogue lived intuitive and scientifically, allowing mothers to care that promote their well-being and being-in best

situation experienced with their children. This is reflected in the conceptualization and description of a phenomenon that revealed the being-with and make with the nurse, a humanistic relationship with the children's mothers.

In this perspective, the relationship of care, it is essential to learn to rethink our values and professional practice, since we actively participate in their process, valuing the affective human relationship.

The Humanistic Nursing can also be practiced to care for critically ill patients, as in the Intensive Care Unit, changing people and their affairs. As a consequence this little humanized hospital environment becomes with the presence of large apparatus technology often lacking in affection and attention.²²

With the true, the genuine encounter of nursing care, as Paterson and Zderad is possible. Despite this, studies²³⁻⁵ underline the importance of authentic care to achieve the best - being of the child and his family as the unit of care, through an inter-subjective relationship, which recognizes the need to consider the other in his existentialism, and perceive it beyond their illness.

Other studies indicate that the Humanistic Nursing, with his way of caring, covers the issue of social inclusion of children and their families, especially in cases of AIDS and Down Syndrome.²⁶⁻⁷ This precaution is particularly important, since it enables the reduction of differences and minimizes the biases imposed by society. Thus supports the child and his family, since that provides health professionals aware of them provide this care, respecting their uniqueness, and managers to develop specific policies for that care segment. In this respect, the theoretical stress that nurses are human beings capable of observing the very existence, since constantly seek to transcend themselves upon the eligibility of its values, and attribute meaning to their world, becoming increasingly better.³

This observation is essential for advocating respect for the dignity and rights of human beings, sharing their experiences, experiences, perceptions and feelings, since the philosophy of Humanistic Theory recognizes each individual as a singular existence in a disease situation, providing you grasp the significance of this event in the development of the disease process. In this context, in one study,²⁸ was observed as an awareness of its principles to the development of care in relation to the violence of sexual abuse within the family.

Thus the humanistic theory prioritizes the individual needs of each patient to the development of their care, specific to each moment.

Nursing aims to ensure the best and well-being of the patient, through inter-human relationships.³ It is clear, therefore, that the act of caring is unique and individual, however, requires the development of a relationship between people. Only within this context it is possible to make the practice of humanistic nursing, effective and resolute. Therefore, quality care is focused on rebuilding the relationship between the health professional and the sick, and this reflects directly on the quality of service and understanding of the suffering experienced by the patient.

CONCLUSION

It was observed that the studies dealing with this topic are widening significantly and are disclosed in important vehicles for disseminating knowledge.

Upon examination of the data, almost all published articles were original. Highlights are also theoretical studies, research reports and experience, reflective study and update article. This fact reflects the concern of researchers to contribute to the understanding and further studies regarding the Humanistic Nursing.

It is important to note that most of the articles selected for the study corresponded to research done with humans, and whose participants are familiar now represented by mothers pray for parents and nursing professionals, especially nurses. This fact highlighted the importance of producing knowledge involving the humanistic theory to practice humane in Nursing.

This research sought new ways to care grounded in knowledge about the humanistic nursing theory and at the same time, directs a new look for both the healthcare field and for the field of education and nursing research, with regard to the connection between theory and practice in relation to theory referenced. Thus, it contributes effectively to the construction of scientific production.

The study also highlighted the importance of new publications on humanistic theory, since it enhances and gives more visibility to Nursing establishes and strengthens their care practice grounded in humanization.

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